



# VITA-COMPLEX ENERGY SHOT CONSENT FORM

## General Information

The Vita-Complex Energy Shot is a vitamin injection packed with essential B-complex vitamins that support energy production, metabolism, and overall well-being. This formulation helps convert nutrients into energy, supports the nervous system, and promotes healthy skin and cognitive function. It is particularly beneficial for individuals looking to fight fatigue and improve their vitality.

## How It Works

The Vita-Complex injection contains the following B-vitamins:

- **Thiamine (B1):** Enhances energy production and supports the immune system.
- **Niacinamide (B3):** Eases inflammation and maintains healthy skin.
- **Riboflavin (B2):** Increases metabolism and supports immune health.
- **Dexpantenol (B5):** Essential for maintaining healthy skin, hair, eyes, and liver function.
- **Pyridoxine (B6):** Promotes red blood cell production and aids in converting food into energy.

These vitamins work synergistically to enhance energy levels, boost metabolism, and improve overall physical and mental well-being.

## Indications

This injection may be recommended for:

- Individuals experiencing fatigue, stress, or reduced energy levels.
- Patients seeking to improve cognitive function and metabolic health.
- Those interested in supporting their immune system and maintaining a healthy complexion.

## Side Effects

Common side effects may include:

- Mild discomfort, redness, or swelling at the injection site.
- Temporary dizziness, nausea, or headaches.
- Changes in bowel habits, such as mild gastrointestinal upset.

Rare, but more severe side effects could include:

- Allergic reactions (e.g., rash, itching, swelling, difficulty breathing).
- Symptoms of elevated energy levels such as restlessness or jitteriness.

## Contraindications

This injection should **not** be administered to individuals who:

- Have known allergies to any B-vitamins or components of the injection.
- Are pregnant or breastfeeding without consulting their healthcare provider.
- Have certain medical conditions that contraindicate high doses of B-vitamins.

## Interactions

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B-complex vitamins may interact with:

- Specific medications such as antibiotics, chemotherapy agents, and anticonvulsants.
- Alcohol consumption, which may reduce the absorption and effectiveness of B-vitamins.

Always inform your healthcare provider about any medications or supplements you are currently taking.

## CONSENT ACKNOWLEDGMENT

By signing below, I confirm that I have read and understand the information provided regarding the **Vita-Complex Energy Shot**. I acknowledge the potential risks, side effects, and benefits of this treatment. I consent to proceed, understanding that results may vary and no outcome is guaranteed.

- **If I experience any unexpected problems or adverse reactions, I will contact Honey Skincare Studio immediately at (703) 589-9665.**

**Liability Release:** By signing below, I acknowledge that I have read and agree to the foregoing informed consent. I consent to this and all future Vita-Complex injections under these terms. I release the provider, administering staff, and facility from liability associated with this procedure.

PRINTED NAME:

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SIGNATURE:

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DATE:

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