



# TIRED EYES CONSULTATION FOR UNDER-EYE REJUVENATION AFTERCARE AND CONSENT FORM

## Purpose of Consultation

The Tired Eyes Consultation is designed to assess your under-eye area and discuss treatment options for addressing dark circles, bags, volume loss, and skin crepiness. Depending on your aesthetic goals and under-eye needs, our skilled injectors may recommend one or a combination of the following treatments:

- **Hyaluronic Acid (HA) Filler:** Adds volume to hollows and reduces shadows for a refreshed look.
- **PRF EZ Gel:** An all-natural filler derived from your own plasma to add volume and promote rejuvenation.
- **Standard PRF (Platelet-Rich Fibrin) Injections:** Enhances skin texture, promotes collagen production, and supports tissue regeneration for a natural, subtle improvement.

Each treatment includes a complimentary full-size Honey Skincare Lab Eye Defy or Bright Eyed eye cream to enhance and maintain results.

## Treatment Options Overview

### 1. HA Filler for Under-Eye Rejuvenation

- **Description:** HA filler is a synthetic dermal filler designed to add volume to hollow areas and reduce shadows under the eyes, often caused by genetics or aging.
- **Procedure:** A gel-like substance is injected with fine needles into the under-eye hollows, restoring volume for a more awake appearance. For clients with extended volume loss, mid-face filler may also be recommended.
- **Expected Duration: Results typically last 6-12 months, with maintenance treatments required for continued results.**
- **Potential Side Effects:** Bruising, swelling, tenderness, asymmetry, infection, nodules, or rare vascular complications.

### 2. PRF EZ Gel for Under-Eye Rejuvenation

- **Description:** EZ Gel is a natural filler made from your blood's plasma, containing concentrated albumin and growth factors. It provides initial volume while stimulating collagen and tissue regeneration.
- **Procedure:** Blood is drawn, processed, and the resulting plasma is injected into the under-eye area. EZ Gel provides gradual results, with an approximate 50% reduction in initial volume over 4-6 weeks as collagen production increases.
- **Expected Duration:** For best results, two treatments spaced 6-8 weeks apart are recommended, with maintenance every 9-12 months.
- **Potential Side Effects:** Bruising, swelling, infection, nodules, or minor discomfort at the injection site. As with any blood-derived treatment, risks are minimized through proper procedure and adherence to aftercare.

### 3. Standard PRF Injections

- **Description:** Standard PRF injections use your own blood to create a concentrated solution of platelets, fibrin, and growth factors that stimulate collagen production and improve skin quality.
- **Procedure:** Blood is drawn and processed to concentrate the PRF, which is then injected into the under-eye area to enhance skin texture, firmness, and elasticity. Unlike fillers, PRF focuses more on skin quality than on adding volume.
- **Expected Duration:** Results appear gradually and can last several months. Multiple treatments may be recommended for optimal results, with a typical schedule of 3-4 treatments spaced 4-6 weeks apart.
- **Potential Side Effects:** Bruising, swelling, tenderness, minor infection risk, or mild discomfort. PRF injections carry minimal risk since they use your own blood components without additives.

## General Risks and Potential Complications

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As with any injectable procedure, there are potential risks and side effects common to all treatments, including but not limited to:

- **Bruising and Swelling:** Mild bruising and swelling are common and typically resolve within a few days.
- **Tenderness and Discomfort:** Some discomfort may occur at the injection sites but should subside within a few days.
- **Infection:** Although rare, any injection carries a risk of infection. Adhering to aftercare instructions can help reduce this risk.
- **Asymmetry:** While injectors aim for balanced results, slight asymmetry can occur, especially if one side naturally has more volume loss.
- **Nodules or Bumps:** Minor lumps or nodules can develop in the treated area and may require gentle massage or additional treatment.
- **Allergic Reactions:** Rare, particularly with HA filler; however, allergies are highly unlikely with PRF and EZ Gel as they are derived from your own blood.
- **Vascular Complications (specific to HA filler):** HA filler injections near blood vessels carry a rare risk of obstructing blood flow, which can cause tissue damage.

## Expected Results and Maintenance

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- **HA Filler:** Results are immediate, improving as any swelling subsides, and generally last 6-12 months.
- **PRF EZ Gel:** Results are more gradual, with volume retention decreasing slightly over time. Optimal results are achieved with two initial treatments spaced 6-8 weeks apart.
- **Standard PRF Injections:** Gradual results focused on skin texture improvements. Multiple sessions are recommended, and results may last several months.

Maintaining results will depend on individual factors such as skin type, lifestyle, and adherence to a recommended treatment schedule.

## Contraindications

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These treatments are not suitable for individuals who are:

- **Pregnant or Breastfeeding:** Injectable treatments are not recommended for pregnant or lactating individuals.
- **Prone to Severe Allergies:** Especially those with a known allergy to HA fillers or lidocaine.
- **Active Skin Infections or Inflammatory Conditions:** Such as active acne, cold sores, or eczema in the treatment area.
- **With Recent Laser or Chemical Peel Treatments:** Intensive treatments in the same area can increase sensitivity.

## Consent to Clinical Photography

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For documentation purposes, photographs may be taken before and after treatment to track progress and maintain comprehensive records. These images are confidential and will not be used for marketing or educational purposes without separate, explicit consent.

## WRITTEN CONSENT

By signing below, I confirm that I have read and fully understand the information provided in this consent form for the Tired Eyes Consultation. I acknowledge that the consultation may involve a discussion of various injectable treatments and that each treatment option has its unique benefits, risks, and expected outcomes. I agree to follow all recommended aftercare instructions should I choose to proceed with treatment and confirm that I have disclosed my relevant medical history to Honey Skincare Studio.

PRINTED NAME:

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SIGNATURE:

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DATE:

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