



# THE “HONEY SPRINKLE” PACKAGE AFTERCARE AND CONSENT FORM

## Procedural Description

The **Honey Sprinkle Package** is a multi-syringe dermal filler treatment designed to enhance facial harmony with a subtle, yet effective mini 8-point lift. This package includes three syringes of hyaluronic acid (HA) filler strategically applied to areas such as the cheeks, chin, and jawline to rejuvenate, restore volume, and improve facial contours. In addition, clients receive a complimentary half-syringe of filler for a mini lip plump, creating a natural, balanced enhancement to the overall look. This treatment aims to lift and contour the face, resulting in a refreshed and harmonious appearance.

Each treatment also includes a complimentary travel-sized skincare product, selected by your injector to support post-treatment radiance and skin health. We recommend scheduling a skin analysis with one of our Master Aestheticians to further customize your skincare routine for optimal results.

## Benefits of the Honey Sprinkle Package

- **Subtle Lift:** Enhances facial contours with a mini 8-point lift.
- **Balanced Enhancement:** Adds volume and definition to key areas while maintaining natural facial harmony.
- **Complimentary Lip Plump:** A half-syringe of filler creates a subtle, enhanced lip shape to complement the overall look.
- **Customized Skincare Support:** Complimentary travel-size skincare product included to elevate glow and radiance.

## Pre-Treatment Instructions

- **Avoid Blood Thinners:** Refrain from aspirin, ibuprofen, fish oil, and similar supplements for at least 7 days before treatment to minimize bruising.
- **Avoid Alcohol and Smoking:** Avoid alcohol and smoking for 24 hours prior to your appointment.
- **Skin Preparation:** Avoid Retin-A or other exfoliating skincare products 2 days before and after treatment to prevent irritation.
- **Eat and Hydrate:** Ensure you have eaten and are hydrated before your appointment to help reduce lightheadedness.
- **Arrive Makeup-Free:** Please arrive with no makeup on the treatment areas.

## Post-Treatment Instructions

- **Avoid Touching or Massaging:** Avoid touching or applying pressure to the treated areas for at least 24 hours.
- **Stay Upright:** Remain upright for 4 hours after the treatment to prevent filler migration.
- **Avoid Heat and Exercise:** Refrain from strenuous exercise, saunas, and hot tubs for 24 hours.

- **Limit Alcohol and Smoking:** Avoid alcohol, caffeine, high-sodium foods, sugary foods, and cigarettes for 24-48 hours to minimize swelling.
- **Use Cold Compresses:** If swelling occurs, apply a cold compress gently to the treated areas.

## Expected Results and Limitations

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- **Immediate Volume and Lift:** Results are generally visible immediately after the procedure, with optimal results developing over the following week as any swelling subsides.
- **Temporary Results:** The effects of HA fillers typically last 6-12 months, depending on individual factors and area treated. Maintenance treatments may be recommended to sustain the desired look.
- **Individual Variation:** Results may vary based on skin type, lifestyle, and facial anatomy.

## Potential Risks and Side Effects

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While the Honey Sprinkle package is generally safe, potential side effects and risks include:

- **Common Side Effects:** Temporary bruising, swelling, redness, or tenderness at the injection sites.
- **Asymmetry:** Minor differences in filler distribution or volume, which can usually be corrected with adjustments.
- **Lumps or Bumps:** Small lumps or bumps may form at injection sites; these often resolve naturally or can be managed with gentle massage as directed by your provider.
- **Infection:** Although rare, any injection carries a slight risk of infection. Contact Honey Skincare Studio if you notice signs of infection, such as redness, warmth, or pus.
- **Allergic Reactions:** Allergic reactions to HA fillers are rare, but symptoms can include itching, rash, or localized swelling. Immediate medical help should be sought if these symptoms occur.

## Contraindications

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The Honey Sprinkle package is not suitable for individuals who:

- Are pregnant or breastfeeding.
- Have known allergies to hyaluronic acid or lidocaine.
- Have a history of severe allergies or anaphylaxis.
- Have an active infection or inflammation at the treatment site.

## Financial Responsibilities

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This package is elective and is not covered by insurance. Any additional treatments required due to complications are the client's responsibility, and refunds are not available.

## Special Considerations for Women of Childbearing Age

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By signing below, I confirm that I am not pregnant and do not intend to become pregnant during the course of treatment. I agree to inform my provider immediately if this status changes.

## Consent to Clinical Photography

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I understand that clinical photographs may be taken before and after my procedure for documentation, treatment planning, and monitoring purposes. These images are confidential and will be securely stored as part of my medical record. They will not be used for marketing or educational purposes without my explicit, separate consent.

# WRITTEN CONSENT

By signing below, I confirm that I have read and fully understand the information provided in this consent form for the **Honey Sprinkle Package**. I acknowledge the potential risks, benefits, and aftercare requirements, and I agree to follow all recommended instructions. I confirm that I have had the opportunity to ask questions, and all my questions have been answered to my satisfaction. I agree to contact Honey Skincare Studio at **703-589-9665** immediately if I experience any concerns or adverse reactions following the treatment. I consent to the administration of this treatment by the trained professionals at Honey Skincare Studio.

PRINTED NAME:

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SIGNATURE:

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DATE:

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