



THE “HONEY EFFECT” PACKAGE AFTERCARE AND CONSENT FORM

Procedural Description

The Honey Effect Package is a transformative full-face harmonization treatment that provides a comprehensive 8-point lift along with additional focus on transition zones to create a balanced, natural enhancement. This package includes five syringes of hyaluronic acid (HA) filler, strategically applied to areas such as the cheeks, jawline, chin, and midface, resulting in a seamless, sculpted appearance. By targeting these areas, The Honey Effect aims to enhance facial harmony, restore lost volume, and create a refreshed, youthful look.

As part of this package, clients receive a complimentary half-syringe mini lip plump to complete the harmonized facial aesthetic. Additionally, two travel-size skincare products are provided, chosen by your injector to support radiance and complement your unique skincare routine. This package is tailored to create long-lasting, natural results that align with each client's unique features.

Benefits of The Honey Effect Package

- **Comprehensive 8-Point Lift:** Addresses multiple areas of the face to achieve balanced facial enhancement.
- **Long-Lasting Results:** High-quality HA filler provides volume and contour that can last 6-12 months, depending on individual factors.
- **Complimentary Mini Lip Plump:** A half-syringe lip enhancement complements the full-face treatment.
- **Customized Skincare Support:** Two travel-sized skincare products are included to elevate glow and promote skin health post-treatment.

Pre-Treatment Instructions

- **Avoid Blood Thinners:** Discontinue aspirin, ibuprofen, fish oil, and other blood-thinning agents for at least 7 days to minimize bruising.
- **Avoid Alcohol and Smoking:** Refrain from alcohol and smoking for 24 hours prior to your treatment.
- **Skincare Precautions:** Avoid Retin-A or other exfoliating skincare products 2 days before and after the procedure to prevent irritation.
- **Hydrate and Eat:** To reduce the risk of lightheadedness, ensure you are well-fed and hydrated before your appointment.
- **Arrive Makeup-Free:** Please arrive with no makeup on the treatment areas.

Post-Treatment Instructions

- **Avoid Touching or Massaging:** Do not touch or apply pressure to the treated areas for at least 24 hours.
- **Stay Upright:** Remain upright for 4 hours post-treatment to help the filler settle in the intended areas.
- **Avoid Heat and Exercise:** Refrain from strenuous exercise, saunas, and hot tubs for 24 hours to reduce the risk of swelling and bruising.
- **Dietary Precautions:** Avoid alcohol, caffeine, high-sodium and sugary foods, and smoking for 24-48 hours post-treatment.
- **Cold Compress:** Use a cold compress to reduce any swelling if necessary, but avoid direct pressure.

Expected Results and Limitations

- **Immediate Lift and Volume:** Results are generally visible immediately, with full effects developing over the first week as swelling subsides.
- **Temporary Results:** The effects of HA fillers typically last 6-12 months, depending on factors like skin type and lifestyle. Maintenance treatments may be recommended to maintain results.
- **Individual Variation:** Results vary by individual due to factors such as skin type, lifestyle, and facial structure.

Potential Risks and Side Effects

While The Honey Effect Package is generally safe, potential side effects and risks may include:

- **Common Side Effects:** Temporary bruising, swelling, redness, or tenderness at the injection sites.
- **Asymmetry:** Minor unevenness in filler placement may occur, which can usually be adjusted if needed.
- **Lumps or Bumps:** Small lumps or bumps may form; these often resolve on their own or can be managed with gentle massage as directed by your provider.
- **Infection:** Though rare, any injection carries a slight risk of infection. Contact Honey Skincare Studio if you experience redness, warmth, or pus at the injection site.
- **Allergic Reactions:** Allergic reactions to HA fillers are rare but can include itching, rash, or swelling. Seek medical help if severe symptoms develop.

Contraindications

The Honey Effect package is not recommended for individuals who:

- Are pregnant or breastfeeding.
- Have known allergies to hyaluronic acid or lidocaine.
- Have a history of severe allergies or anaphylaxis.
- Have an active infection or inflammation at the treatment site.

Financial Responsibilities

This procedure is elective and is not covered by insurance. Any additional treatments required to address complications are the client's financial responsibility. Refunds are not available.

Special Considerations for Women of Childbearing Age

By signing below, I confirm that I am not pregnant and do not intend to become pregnant during the treatment course. I agree to inform my provider immediately if this status changes.

Consent to Clinical Photography

I understand that clinical photographs may be taken before and after my procedure for documentation, treatment planning, and monitoring purposes. These images are confidential and will be securely stored as part of my medical record. They will not be used for marketing or educational purposes without my explicit, separate consent.

WRITTEN CONSENT

By signing below, I confirm that I have read and fully understand the information provided in this consent form for **The Honey Effect Package**. I acknowledge the potential risks, benefits, and aftercare requirements and agree to follow all recommended instructions. I confirm that I have had the opportunity to ask questions, and all my questions have been answered to my satisfaction. I agree to contact Honey Skincare Studio at **703-589-9665** immediately if I experience any concerns or adverse reactions following the treatment. I consent to the administration of The Honey Effect Package by the trained professionals at Honey Skincare Studio.

PRINTED NAME:

SIGNATURE:

DATE:
