



STOMACH TREATMENT: SKINPEN + RF MICRONEEDLING, CO2 COOLPEEL, OR HALO AFTERCARE AND CONSENT FORM

Procedural Description

The Stomach Treatment offers advanced corrective options to rejuvenate and enhance the appearance of your stomach. Choose from the following technologies, tailored to your unique needs:

- **RF Microneedling with SkinPen Microneedling:** This dual approach combines the collagen-stimulating power of radiofrequency with the precision of SkinPen microneedling. Together, they improve skin laxity, texture, and overall tone, providing comprehensive tightening and rejuvenation.
- **CO2 CoolPeel:** A gentler, fractional laser resurfacing treatment that effectively reduces pigmentation, scars, and texture issues. The advanced "double-stacked" settings allow for deeper correction while remaining safe for all skin tones, including Fitzpatrick IV-VI.
- **Halo:** A hybrid fractional laser treatment that addresses pigmentation, scars, and mild texture issues while promoting smoother, brighter skin. It is a less aggressive option ideal for body rejuvenation with manageable downtime.

Your provider will assess your skin type and goals to create a customized treatment plan for optimal results.

Pre-Treatment Guidelines

- **Sun Avoidance:**
 - Refrain from tanning, sunburn, or prolonged sun exposure for at least 4-8 weeks before treatment. Sun exposure increases the risk of hyperpigmentation and adverse effects.
- **Self-Tanners:**
 - Discontinue all self-tanning products at least one month before your appointment.
- **Skincare Products:**
 - Stop using products containing Retin-A, Differin, glycolic acid, or salicylic acid at least one week before treatment.

Pre-Treatment Skincare Recommendations

Begin using **The Perfect Derma™ Body Lotion** 8 weeks prior to treatment for optimal skin preparation. This product enhances cellular turnover, brightens skin tone, and strengthens the skin barrier.

Key Benefits of Pre-Treatment Skincare

The Perfect Derma™ Body Lotion:

- **Exfoliation:** Combines 15% Glycolic Acid and Retinol to refine skin texture and promote smoother, healthier skin.
- **Antioxidant Protection:** Glutathione defends against free radicals while brightening and lightening the skin.
- **Skin Barrier Strengthening:** Prepares the skin for laser treatments by improving hydration and resilience.

What to Expect During Treatment

- You may experience temporary sensations such as warmth, redness, or mild swelling during and immediately after the procedure.
- The treated area may temporarily darken or develop small scabs as part of the natural healing process.
- Your provider will discuss the intensity and expectations based on your chosen treatment.

Post-Treatment Instructions

Healing and Recovery Guidelines

1. Cleansing and Disinfection:

- Cleanse the treated area with a gentle, non-irritating cleanser starting the morning after treatment.
- Use a disinfecting spray containing **Hypochlorous Acid (HOCl)** to minimize the risk of infection.

2. Moisturizing and Soothing:

- Apply **SkinCeuticals Phyto-Corrective Gel** to calm redness and hydrate the skin.
- Use **Alastin ReFORM & RePAIR COMPLEX with TriHex Technology®** post-procedure to accelerate healing, reduce redness, and support skin renewal.
- Resume **The Perfect Derma™ Body Lotion** 7-10 days post-treatment to enhance hydration, improve skin texture, and maintain results.

3. Sun Protection:

- Strictly avoid direct sun exposure for 4-8 weeks post-treatment.
- Use a **broad-spectrum mineral sunscreen** with SPF 30 or higher. Reapply every 2 hours when outdoors.

4. Avoid the Following Until Sensitivity Subsides (7-10 Days):

- Heat exposure, such as hot tubs, saunas, or intense physical activity.
- Exfoliating products, such as retinoids, glycolic acid, and salicylic acid.
- Scrubbing or picking at the treated areas, which may cause scarring or delay healing.

Potential Risks and Side Effects

While these treatments are safe and effective, the following side effects may occur:

- **Redness and Swelling:** Common and temporary, typically resolving within a few days.
- **Dryness and Itching:** Flakiness or dryness as the skin heals; use moisturizers to alleviate symptoms.
- **Blisters or Scabs:** Rare but possible; avoid disturbing these areas to prevent infection or scarring.
- **Pigment Changes:** Temporary hyperpigmentation or hypopigmentation; diligent sun protection minimizes this risk.
- **Infection:** Signs include pus, fever, or worsening redness. **Contact Honey Skincare Studio immediately** if these symptoms occur.

Consent to Clinical Photography

I understand that clinical photographs may be taken before and after my treatment for documentation, treatment planning, and monitoring purposes. These images will be kept confidential and stored securely as part of my medical record.

ACKNOWLEDGMENTS AND CONSENT

I understand the nature of the Stomach Treatment (RF Microneedling with SkinPen Microneedling, CO2 CoolPeel, or Halo) and its potential benefits and risks. I agree to follow all pre- and post-treatment instructions to achieve the best possible outcome.

- **Pregnancy Status:** I confirm that I am not pregnant.
- **Financial Responsibility:** I understand this is an elective procedure not covered by insurance. I acknowledge there are no refunds and that I am responsible for any additional treatments required.
- **Photographic Consent:** I consent to the use of my photographs for documentation and educational purposes.

By signing below, I confirm that I have read and understood this consent form, and I voluntarily agree to proceed with the treatment.

PRINTED NAME:

SIGNATURE:

DATE:
