



PRF (PLATELET-RICH-FIBRIN) FACE REJUVENATION AFTERCARE AND CONSENT FORM

Procedural Description

PRF (Platelet-Rich Fibrin) Face Rejuvenation is a natural treatment that uses your body's own blood-derived growth factors to enhance skin texture, improve collagen production, and rejuvenate the complexion. PRF is collected from your blood without any additives, concentrating essential growth factors and cytokines that stimulate skin cell renewal. When injected into targeted areas, especially under the eyes, PRF encourages brightness, thickness, and overall skin vitality.

For best results, a series of **three sessions** spaced **4-6 weeks apart** is recommended. Over time, PRF works to refresh and restore skin, offering a subtle, youthful lift and radiant appearance.

Treatment Expectations

PRF injections aim to improve skin density, firmness, and texture, resulting in a rejuvenated look. Visible improvements typically develop over several weeks as collagen production increases and skin rejuvenates naturally. While PRF is an effective option for skin enhancement, individual results vary and may require multiple sessions for optimal effects.

Supporting Your Skin Rejuvenation Journey

For enhanced results, PRF can be combined with other skin boosters or treatments based on your skincare goals. You may consider pairing PRF with:

- **Microneedling:** Increases absorption of growth factors, further stimulating collagen and skin renewal.
- **Topical Serums:** Growth factor or peptide-rich serums applied post-treatment can complement PRF's effects.
- **Healthy Lifestyle Choices:** Staying hydrated, maintaining a balanced diet, and using SPF daily can support long-lasting skin health.

We encourage you to discuss any additional skincare goals with your provider to customize a plan that works best for you.

Pre-Treatment Instructions

- **Hydrate:** Drink plenty of water the day before and on the day of treatment.
- **Avoid Certain Medications:** Refrain from using anti-inflammatory medications (e.g., aspirin, ibuprofen, naproxen) at least 3 days before treatment unless otherwise directed.
- **Minimize Alcohol Intake:** Avoid alcohol consumption 24 hours before the procedure, as it may increase bruising.
- **Arrive with Clean Skin:** Please come to your appointment with a clean, makeup-free face.

Post-Treatment Instructions

- **Hydrate:** Continue drinking water after treatment to support your body's healing processes.
- **Avoid Sun Exposure:** Minimize direct sun exposure and wear SPF daily to protect treated areas.
- **Avoid Anti-inflammatories:** Refrain from anti-inflammatory medications for 3 days post-treatment, as inflammation is part of the regenerative process.
- **Avoid Exercise and Heat:** Avoid strenuous exercise, saunas, and hot showers for 24-48 hours after treatment to reduce swelling.
- **Cold Compress:** If swelling or mild bruising occurs, a cold compress may be applied gently to the treated areas.

Acknowledgement of Risks and Side Effects

While PRF Face Rejuvenation is a minimally invasive, natural treatment, there are potential risks, including:

- **Temporary Discomfort:** Mild discomfort, redness, or swelling at the injection sites.
- **Bruising:** Some clients may experience bruising, especially around delicate areas such as under the eyes.
- **Infection:** Although rare, infection may occur, requiring additional treatment.
- **Unsatisfactory Results:** Results vary by individual, and multiple sessions may be necessary for desired outcomes.

CONSENT TO PROCEED

By signing below, I acknowledge that I have read and understand the information provided in this consent form. I am aware of the risks, benefits, and expected results of PRF Face Rejuvenation. I agree to follow all pre- and post-treatment instructions to maximize the treatment's effectiveness and minimize any potential side effects.

I understand that this treatment is elective and not covered by insurance. I accept full financial responsibility for all associated costs.

PRINTED NAME:

SIGNATURE:

DATE:
