



NECK TREATMENT OPTIONS: BBL, MOXI, MICRONEEDLING, HALO AFTERCARE AND CONSENT FORM

Procedural Description

Honey Skincare Studio offers targeted solutions to rejuvenate your neck using one advanced option, such as BBL, Moxi, Microneedling, or Halo. Each treatment effectively addresses signs of aging and sun damage, helping to improve skin texture, firmness, and tone. Carefully customized to match your skin type and goals, this treatment leaves the neck area smoother, more radiant, and visibly refreshed.

Pre-Treatment Guidelines

- **Sun Avoidance:** Avoid tanning, sunburn, or direct sun exposure for at least 4-8 weeks before treatment. Sun exposure increases the risk of adverse effects.
- **Self-Tanners:** Discontinue all self-tanning products at least 30 days before your appointment.
- **Skincare Products:** Stop using products containing Retin-A, Differin, or other retinoids at least one week before treatment.
- **Cold Sores or Herpes Simplex:** If you have a history of cold sores, notify your provider to discuss pre-treatment antiviral care.
- **Pre-Treatment Skincare:** Begin pre-treating the neck with:
 - **The Perfect Derma™ Body Lotion:** Formulated with 15% Glycolic Acid, Retinol, and Glutathione, this lotion promotes cellular turnover, brightens the skin, and enhances texture, preparing the skin for optimal treatment results.
 - **Restorative Neck Complex with TriHex Technology®:** This advanced formula boosts collagen and elastin production, reduces visible signs of aging, and strengthens the skin's natural barrier.
- **Why Pre-Treatment is Essential:** Pre-treating the skin ensures it is as healthy and resilient as possible before undergoing treatment. By strengthening the skin and enhancing cellular turnover, you reduce the risk of complications, promote faster healing, and achieve more effective and longer-lasting results.
 - Begin using both products 8 weeks before your treatment to maximize benefits.

What to Expect During Treatment

- A temporary burning sensation, redness, or mild swelling may occur during and immediately following the procedure. These side effects are generally mild and should subside within a few hours to a few days.
- Avoid scratching or picking at the treated area to prevent scarring.
- Applying ice packs within the first 24 hours may help manage any swelling.

Post-Treatment Instructions

Healing and Recovery Guidelines:

1. Cleansing and Disinfection:

- Cleanse the treated area with cold or lukewarm water and a gentle, non-irritating cleanser the morning after your treatment.
- Apply a disinfecting spray containing **Hypochlorous Acid (HOCl)** after cleansing to reduce the risk of infection. Allow it to air dry before applying any other products.

2. Soothing and Moisturizing:

- Apply **SkinCeuticals Phyto-Corrective Gel**, which contains anti-inflammatory and hydrating ingredients to calm redness and support skin recovery. Follow this with a recommended **Post-Procedure Cream** to lock in moisture and support the skin's natural healing process.
- Use only the products provided or approved by your provider to ensure optimal hydration and recovery while minimizing the risk of irritation.

3. Sun Protection:

- Use a **broad-spectrum mineral sunscreen** with SPF 30 or higher. Mineral sunscreens containing zinc oxide or titanium dioxide are recommended to avoid irritation and reduce the risk of chemical burns during the healing phase.
- Reapply every 2 hours when outdoors, and avoid direct sun exposure for at least 4-8 weeks.

4. Additional Recommendations:

- Avoid wearing tight clothing or jewelry that could irritate the treated area.
- Avoid scratching, picking, or exfoliating the skin.

5. Continued Skincare:

- After 7-10 days, resume using **The Perfect Derma™ Body Lotion** and **Restorative Neck Complex with TriHex Technology®** to extend and enhance treatment results. These products promote long-term skin health, improve texture, and maintain collagen and elastin production.

Avoid the Following Until Sensitivity Subsides (7-10 Days):

- Direct sun exposure and UV tanning beds.
- Products with active ingredients such as retinoids, glycolic acid, or salicylic acid.
- Hot tubs, saunas, or activities that induce excessive sweating.
- Harsh or perfumed skincare products.

Potential Risks and Side Effects

While this treatment is designed to rejuvenate the skin safely, the following side effects may occur:

- **Redness and Swelling:** These are common and typically resolve within a few days.
- **Dryness and Itching:** Mild flakiness or dryness may occur as the skin heals. Use a recommended moisturizer to alleviate symptoms.
- **Blisters or Scabs:** Rare but possible; avoid disturbing these to prevent infection or scarring.
- **Pigment Changes:** Hyperpigmentation or hypopigmentation may occur, especially with post-treatment sun exposure.
- **Infection:** Signs include pus, fever, or increasing redness. **Contact Honey Skincare Studio at (703) 589-9665 and your provider immediately** if you notice these symptoms.
- **Scarring:** Rare but possible; follow all aftercare instructions to minimize this risk.

Consent to Clinical Photography

I understand that clinical photographs may be taken before and after my treatment for documentation, treatment planning, and monitoring purposes. These images will be kept confidential and stored securely as part of my medical record.

ACKNOWLEDGMENTS AND CONSENT

I understand the nature of the Neck Treatment (BBL, Moxi, Microneedling, or Halo) and its potential benefits and risks, which include temporary discomfort, redness, pigment changes, infection, scarring, or unsatisfactory results. I agree to follow all pre- and post-treatment instructions to achieve the best possible outcome.

- **Pregnancy Status:** I confirm that I am not pregnant.
- **Financial Responsibility:** I understand this is an elective procedure not covered by insurance. I acknowledge that there are no refunds and that I am responsible for any additional treatments required.
- **Photographic Consent:** I consent to the use of my photographs for documentation and educational purposes.

By signing below, I confirm that I have read and understood this consent form, and I voluntarily agree to proceed with the treatment.

PRINTED NAME:

SIGNATURE:

DATE:
