



# MINERAL BLEND VITALITY SHOT CONSENT FORM

## General Information

The Mineral Blend Vitality Shot is designed to replenish essential minerals that support energy levels, immune function, and overall cellular health. This injection includes a combination of Magnesium, Zinc, Manganese, and Copper, which are crucial for enzymatic processes, neurological health, and metabolic activities. It is especially useful for individuals seeking hydration, reduced muscle cramps, and improved vitality.

## How It Works

The Mineral Blend injection contains:

- Magnesium Chloride: Aids in reducing fatigue, improving immunity, and enhancing relaxation.
- Zinc Sulfate: Shortens the duration of illnesses and boosts the body's natural healing processes.
- Manganese: Supports metabolism and reduces inflammation.
- Copper Gluconate: Essential for energy production and maintaining healthy bones.

These minerals work together to support hydration, cellular function, and overall wellness.

## Indications

This injection may be recommended for:

- Individuals experiencing fatigue or low energy levels.
- Patients with muscle cramps or electrolyte imbalances.
- Those looking to improve immune health and maintain a balanced metabolism.

## Side Effects

Common side effects may include:

- Mild discomfort, redness, or swelling at the injection site.
- Temporary dizziness, nausea, or lightheadedness.
- Headache or upset stomach.

Rare, but more severe side effects include:

- Allergic reactions (e.g., rash, swelling, difficulty breathing).
- Changes in mood or gastrointestinal distress.

## Contraindications

This injection should not be administered to individuals who:

- Have known allergies to any components of the injection.
- Have severe kidney or liver conditions without medical supervision.
- Are pregnant or breastfeeding without consulting their healthcare provider.

## Interactions

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The Mineral Blend Shot may interact with:

- Certain medications like diuretics or blood pressure drugs.
- Supplements containing similar minerals that may lead to imbalances.

Please inform your healthcare provider about any medications or supplements you are taking.

## CONSENT ACKNOWLEDGMENT

By signing below, I confirm that I have read and understand the information provided regarding the **Mineral Blend Vitality Shot**. I acknowledge the potential risks, side effects, and benefits of this treatment. I consent to proceed, understanding that results may vary and that no outcome is guaranteed.

- **If I experience any unexpected problems or adverse reactions, I will contact Honey Skincare Studio immediately at (703) 589-9665.**

**Liability Release:** By signing below, I acknowledge that I have read and agree to the foregoing informed consent. I consent to this and all future Mineral Blend injections under these terms. I release the provider, administering staff, and facility from liability associated with this procedure.

PRINTED NAME:

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SIGNATURE:

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DATE:

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