



LIP FLIP / GUMMY SMILE AFTERCARE AND CONSENT FORM

Procedural Description

The **Lip Flip / Gummy Smile** treatment is a subtle enhancement technique that uses Botulinum Toxin Type A (Botox) to relax specific muscles around the upper lip. Small injections are placed just above the lip, near the Cupid's bow and at the corners of the mouth. This targeted approach gently relaxes the orbicularis oris muscle, causing the upper lip to "flip" outward, creating a fuller, more defined shape without adding volume.

For clients with a "gummy smile," where the gums appear prominent when smiling, Botox injections can reduce the elevation of the upper lip, minimizing gum visibility and creating a more balanced smile. Results are generally visible within 3-7 days, lasting approximately 2-3 months. Maintenance treatments are recommended every 3-4 months to sustain the aesthetic benefits.

Benefits of the Lip Flip / Gummy Smile Treatment

- **Lip Enhancement:** Creates a fuller appearance of the upper lip by relaxing the muscles, resulting in a more defined shape.
- **Reduction of Gummy Smile:** Reduces the visibility of gums when smiling, creating a balanced smile with less gum exposure.
- **Non-Volumizing:** Ideal for clients seeking a subtle enhancement without additional volume from dermal fillers.

Treatment Areas

- **Upper Lip:** Targeted areas include the Cupid's bow and the corners of the mouth.
- **Upper Lip Muscles:** For gummy smile correction, injections are placed to reduce the elevation of the upper lip when smiling.

Pre-Treatment Instructions

- **Medication Review:** Inform your provider of any medications and supplements you are taking, particularly blood thinners, as they may increase the risk of bruising.
- **Avoid Alcohol and Smoking:** Refrain from consuming alcohol and smoking for at least 24 hours before the procedure to minimize bruising.
- **Avoid Cold Sores:** If you have a history of cold sores (herpes simplex), inform your provider as the procedure may trigger an outbreak.
- **Health Status:** Ensure you are in good health and free from active infections on the day of treatment.

Post-Treatment Instructions

- **Avoid Touching the Area:** Do not massage, rub, or apply pressure to the treated area for 24 hours to prevent unintended spread of the neurotoxin.
- **Stay Upright:** Remain upright for at least 4 hours post-treatment to ensure the product settles in the intended area.
- **Avoid Heat and Exercise:** Refrain from saunas, hot tubs, and vigorous exercise for 24 hours after treatment to avoid increased blood flow that may affect the neurotoxin's efficacy.
- **Avoid Makeup:** Refrain from applying makeup to the treated area for 24 hours.
- **Monitor for Side Effects:** Mild swelling or tenderness is common and should subside within a few days. Avoid excessive lip movement for a few hours post-treatment to minimize risks.

Expected Results and Limitations

- **Gradual Improvement:** Results typically begin to appear within 3-7 days, with full effects noticeable at around 2 weeks.
- **Temporary Effects:** The benefits of a lip flip or gummy smile treatment last approximately 2-3 months, depending on individual factors.
- **Variable Results:** Individual results may vary based on muscle response, lifestyle, and other personal factors. Regular treatments are generally recommended to maintain results.

Potential Risks and Side Effects

While generally safe, the Lip Flip / Gummy Smile treatment may involve potential risks, including:

- **Common Side Effects:**
 - Temporary bruising, redness, or swelling at the injection site.
 - Mild tenderness or discomfort in the treated area.
- **Less Common Risks:**
 - **Asymmetry:** Uneven relaxation may result in minor asymmetry, which typically resolves as the neurotoxin wears off.
 - **Difficulty with Certain Movements:** Some clients may experience temporary difficulty with lip movements, such as puckering or drinking through a straw.
 - **Allergic Reactions:** Rare but possible, with symptoms including itching, rash, or swelling. Seek immediate medical attention if these occur.
 - **Infection:** Although rare, any injection carries a risk of infection. Contact us if you notice increased redness, swelling, or pus.

Contraindications

The Lip Flip / Gummy Smile treatment is not suitable for individuals who:

- Are pregnant or breastfeeding.
- Have a known allergy to botulinum toxin or any of its components.
- Have neuromuscular disorders such as myasthenia gravis or ALS.
- Have active infections or open wounds around the mouth or lips.

Consent to Clinical Photography

I understand that clinical photographs may be taken before and after my procedure for documentation, treatment planning, and monitoring of progress. These images are confidential and will be securely stored as part of my medical record. They will not be used for marketing or educational purposes without my explicit, separate consent.

WRITTEN CONSENT

By signing below, I confirm that I have read and fully understand the information provided in this consent form for the **Lip Flip / Gummy Smile Treatment**. I acknowledge the potential risks, benefits, and aftercare requirements, and I agree to follow all recommended instructions. I confirm that I have had the opportunity to ask questions, and all my questions have been answered to my satisfaction. I agree to contact Honey Skincare Studio at **703-589-9665** immediately if I experience any concerns or adverse reactions following the treatment. I consent to the administration of this treatment by the trained professionals at Honey Skincare Studio.

PRINTED NAME:

SIGNATURE:

DATE:
