



LEGS TREATMENT: BBL, COOL PEEL, MOXI AFTERCARE AND CONSENT FORM

Procedural Description

The Legs Treatment combines advanced technologies to target specific skin concerns, rejuvenating and refining the appearance of your legs. Choose from:

- **BroadBand Light (BBL):** Reduces sun damage, pigmentation, and uneven tone for brighter, more uniform skin.
- **Cool Peel:** Offers precise resurfacing to address blemishes, scars, and rough texture, leaving the skin smoother and revitalized.
- **Moxi:** Gently resurfaces and improves overall skin tone and texture while stimulating collagen for healthier, more radiant skin.

Your provider will assess your unique skin type and goals to tailor the treatment, ensuring optimal results for smoother, brighter, and more beautiful legs you'll love showing off.

Pre-Treatment Guidelines

1. **Sun Avoidance:** Avoid tanning, sunburn, or prolonged sun exposure for at least 4-8 weeks prior to treatment. Sun exposure can increase the risk of hyperpigmentation and other adverse effects.
 2. **Self-Tanners:** Refrain from using self-tanning products for at least one month before your appointment.
 3. **Skincare Products:** Stop using products like Retin-A, Differin, glycolic acid, or salicylic acid at least one week before treatment.
- **Pre-Treatment Skincare Recommendations**
 - Begin using **The Perfect Derma™ Body Lotion** 8 weeks before your treatment to prepare your skin for optimal results.
 - **Why Pre-Treating is Important**
 - Healthy, pre-conditioned skin responds better to laser treatments, reduces risks of complications such as hyperpigmentation, and accelerates healing post-treatment.

Key Benefits of Pre-Treatment Skincare

The Perfect Derma™ Body Lotion:

- **Exfoliation:** Combines 15% Glycolic Acid and Retinol to increase cellular turnover, refining skin texture.
- **Antioxidant Protection:** Glutathione defends against free radicals while brightening and lightening the skin.
- **Skin Brightening:** Evens skin tone and improves the skin's overall health and radiance.

What to Expect During Treatment

- Temporary sensations such as warmth, redness, or mild swelling are common during and immediately after the procedure.
- Treated areas may darken temporarily as pigmentation rises to the surface, which is part of the healing process. These areas will flake off naturally within 1-2 weeks.
- Your provider will ensure the treatment intensity is customized to your comfort and skin needs.

Post-Treatment Instructions

Healing and Recovery Guidelines

1. Cleansing and Disinfection:

- Gently cleanse the treated areas with a non-irritating, fragrance-free cleanser starting the morning after your treatment.
- Use a disinfecting spray containing **Hypochlorous Acid (HOCl)** to reduce the risk of infection.

2. Moisturizing and Soothing:

- Apply **SkinCeuticals Phyto-Corrective Gel** to calm redness and support recovery with its hydrating and anti-inflammatory properties, especially in areas that look and feel like it may need healing..
- Use a fresh **aloe leaf** from a grocery store (e.g., Whole Foods). Slice it open and apply the natural gel directly to treated skin 3-5 times daily for the first 72 hours to soothe and promote healing.
- Follow with a recommended **Post-Procedure Cream or Ointment** to lock in hydration and support the skin's healing process.
- Incorporate **Alastin ReFORM & RePAIR Complex** to accelerate healing and promote tissue repair by supporting the skin's natural regenerative processes.
- Resume **The Perfect Derma™ Body Lotion** 7-10 days post-treatment to continue improving texture and hydration.

3. Sun Protection:

- Use a **broad-spectrum mineral sunscreen** with SPF 40 or higher. Reapply every 2 hours when outdoors.
- Avoid direct sun exposure for at least 4-8 weeks post-treatment to minimize the risk of hyperpigmentation.

4. Avoid the Following Until Sensitivity Subsides (7-10 Days):

- Heat exposure, such as hot tubs, saunas, or vigorous exercise.
- Exfoliating products containing glycolic acid, retinol, or salicylic acid.
- Scrubbing or picking at treated areas, which could lead to scarring or delayed healing.

5. Continued Skincare & Dry Brushing for Maintenance:

- To maintain smooth, healthy skin, incorporate dry brushing into your routine 1-2 times per week before showering.
- After 7-10 days, resume using **The Perfect Derma™ Body Lotion, Alastin Transform Body Treatment, or ReFORM & RePAIR Complex** to extend and enhance your treatment results.

Potential Risks and Side Effects

While Legs Treatments are safe and effective, the following side effects may occur:

- **Redness and Swelling:** Common and temporary, typically resolving within a few days.
- **Dryness and Itching:** Mild flakiness or dryness may occur as the skin heals; use recommended moisturizers to alleviate symptoms.
- **Blisters or Scabs:** Rare but possible; avoid disturbing these areas to prevent infection or scarring.
- **Pigment Changes:** Temporary hyperpigmentation or hypopigmentation may occur, particularly without diligent sun protection.
- **Infection:** Signs include pus, fever, or worsening redness. **Contact Honey Skincare Studio immediately** if these symptoms occur.

Consent to Clinical Photography

I understand that clinical photographs may be taken before and after my treatment for documentation, treatment planning, and monitoring purposes. These images will be kept confidential and stored securely as part of my medical record.

ACKNOWLEDGMENTS AND CONSENT

I understand the nature of the Legs Treatment (BBL, Cool Peel, or Moxi) and its potential benefits and risks. I agree to follow all pre- and post-treatment instructions to achieve the best possible outcome.

- **Pregnancy Status:** I confirm that I am not pregnant.
- **Financial Responsibility:** I understand this is an elective procedure not covered by insurance. I acknowledge there are no refunds and that I am responsible for any additional treatments required.
- **Photographic Consent:** I consent to the use of my photographs for documentation and educational purposes.

By signing below, I confirm that I have read and understood this consent form, and I voluntarily agree to proceed with the treatment.

PRINTED NAME:

SIGNATURE:

DATE:
