



HYPERHIDROSIS SWEAT REDUCER AFTERCARE AND CONSENT FORM

Procedural Description

The **Hyperhidrosis Sweat Reducer** treatment utilizes **Botulinum Toxin Type A** (Botox), an FDA-approved solution for primary axillary hyperhidrosis (excessive underarm sweating) and used off-label for hyperhidrosis in other areas like the palms and soles. Botox works by blocking the nerve signals responsible for activating sweat glands, significantly reducing perspiration in the treated area.

Results are typically visible within a few days, with maximum effects seen within 1 to 2 weeks, and they generally last 4 to 6 months. With regular treatments, some clients may experience extended relief, lasting up to 9 months. For optimal outcomes, most clients require **50-100 units per underarm** and up to **100 units per palm or foot**, depending on the individual's needs and the treatment area.

Benefits of Hyperhidrosis Treatment

- **Reduction of Excessive Sweating:** Effective at significantly reducing sweat production in the treated area, which can improve comfort and confidence.
- **Minimally Invasive:** Offers a non-surgical solution for managing hyperhidrosis, with minimal downtime.
- **Improved Quality of Life:** Reduces sweat-related discomfort, staining, and odors, enhancing daily activities and social interactions.

Treatment Areas

- **Underarms (Axillae):** FDA-approved for controlling excessive underarm sweating.
- **Palms of Hands:** Off-label use for individuals with palmar hyperhidrosis.
- **Soles of Feet:** Off-label use for reducing excessive sweating in the feet.

Pre-Treatment Instructions

- **Shaving:** Avoid shaving the treatment area for 24 hours before the procedure to minimize skin irritation.
- **Medications:** Inform your provider about any medications or supplements you are taking, especially blood thinners (e.g., aspirin, ibuprofen, fish oil), as these may increase the risk of bruising.
- **Avoid Alcohol and Smoking:** Refrain from consuming alcohol and smoking for at least 24 hours prior to treatment to reduce potential bruising and swelling.
- **Health Status:** Make sure you are in good health and free from active infections on the day of treatment.

Post-Treatment Instructions

- **Limit Physical Activity:** Avoid intense physical activity, including heavy lifting and exercise, for at least 24 hours following treatment to prevent unnecessary sweating.
- **Avoid Heat Exposure:** Refrain from using saunas, hot tubs, or engaging in activities that may cause excessive sweating for 24 hours.
- **Avoid Deodorants and Antiperspirants:** Refrain from applying deodorants, antiperspirants, or other products to the treated area for at least 24 hours.
- **Avoid Touching the Area:** Do not massage, rub, or apply pressure to the treated area to prevent the toxin from spreading to unintended areas.

Expected Results and Limitations

- **Gradual Improvement:** Results typically start within 2-4 days post-treatment, with full effects noticeable in 1-2 weeks.
- **Temporary Relief:** The effects usually last between 4-6 months, though some clients may experience longer-lasting results, especially with regular treatments.
- **Variable Outcomes:** Individual results may vary, and repeated treatments are generally required for ongoing control of hyperhidrosis symptoms.

Potential Risks and Side Effects

While the hyperhidrosis treatment with Botox is generally safe, there are potential risks, including:

- **Injection Site Reactions:** Redness, swelling, pain, or bruising at the injection site, which typically resolves within a few days.
- **Compensatory Sweating:** Some clients may experience increased sweating in other areas of the body, a phenomenon known as compensatory sweating.
- **Temporary Muscle Weakness:** When treating palms or soles, clients may experience temporary muscle weakness, which may affect grip or balance.
- **Allergic Reactions:** Rare but possible, including symptoms such as itching, rash, or difficulty breathing. Seek immediate medical attention if these occur.
- **Infection:** Although rare, any injection carries a risk of infection. Contact us immediately if you experience increased redness, warmth, swelling, or pus at the injection site.

Contraindications

The Hyperhidrosis Sweat Reducer treatment is not suitable for individuals who:

- **Have a known allergy to botulinum toxin or its components.**
- **Are pregnant or breastfeeding:** The safety of Botox in these populations has not been established.
- **Have neuromuscular disorders** such as myasthenia gravis, ALS, or Lambert-Eaton syndrome.
- **Have active infections or skin conditions** in the area to be treated.

Consent to Clinical Photography

I understand that clinical photographs may be taken before and after my procedure for documentation, treatment planning, and monitoring of progress. These images are confidential and will be securely stored as part of my medical record. They will not be used for marketing or educational purposes without my explicit, separate consent.

WRITTEN CONSENT

By signing below, I confirm that I have read and fully understand the information provided in this consent form for the **Hyperhidrosis Sweat Reducer Treatment**. I acknowledge the potential risks, benefits, and aftercare requirements and agree to follow all recommended instructions. I confirm that I have had the opportunity to ask questions, and all my questions have been answered to my satisfaction. I agree to contact Honey Skincare Studio at **703-589-9665** immediately if I experience any concerns or adverse reactions following the treatment. I consent to the administration of this treatment by the trained professionals at Honey Skincare Studio.

PRINTED NAME:

SIGNATURE:

DATE:
