



HYALURONIC ACID FILLER FOR UNDER-EYE REJUVENATION AFTERCARE AND CONSENT FORM

Procedural Description

This **Tired Eye Treatment** using **Hyaluronic Acid Filler for Under-Eye Rejuvenation** is an injectable procedure designed to restore volume in the under-eye area, reducing hollows and creating a refreshed, more awake appearance. Hyaluronic acid is a naturally occurring substance in the body that helps hydrate and add volume to the skin. This treatment targets volume loss due to aging or genetics and may also address shadows that contribute to a tired look. For clients with extended under-eye volume loss, mid-face filler may be recommended to provide additional support and enhance results.

The effects of HA fillers are visible immediately, but full integration and smoothing can take up to two weeks. Results are temporary and typically last 6-12 months, depending on individual metabolism and lifestyle factors.

Before Your Treatment

- **Discontinue Blood Thinners:** Avoid blood-thinning medications and supplements (e.g., aspirin, ibuprofen, Advil, fish oil, vitamin E) for at least 7 days prior unless otherwise directed by your healthcare provider.
- **Hydrate:** Drink plenty of water before your appointment to support optimal hydration and blood flow.
- **Avoid Alcohol and Smoking:** Refrain from alcohol and smoking for 48 hours prior to reduce bruising risks.
- **Cold Sore Precaution:** If you have a history of cold sores, inform your provider for possible preventive antiviral medication.
- **Avoid Recent Dental Work:** Avoid dental procedures 2 weeks before and after filler treatment to minimize infection risks.
- **Come with a Clean Face:** Please arrive with no makeup or moisturizer on the treatment area.

What to Expect During the Procedure

- **Consultation:** Your provider will assess your under-eye area, discuss expectations, and confirm the treatment plan.
- **Numbing Cream:** A topical numbing cream may be applied to enhance comfort during injections.
- **Precise Injection:** HA filler is injected with fine needles or cannulas into targeted areas under the eye to restore volume and reduce shadows.
- **Aftercare Review:** Your provider will go over aftercare instructions to ensure optimal healing and results.

Post-Treatment Instructions

- **Avoid Touching:** Do not touch or massage the treated area for 24 hours.
- **No Makeup:** Avoid makeup around the eyes for 24 hours to reduce infection risks.
- **Avoid Exercise and Heat:** Refrain from strenuous exercise, saunas, and hot tubs for 48 hours.
- **Cold Compresses:** Use a cold compress gently if you experience swelling or bruising.
- **Avoid Sleeping Face Down:** Try to sleep on your back with your head elevated to reduce swelling.
- **Follow-Up:** Schedule a follow-up appointment if necessary for touch-ups or to assess the outcome.

Potential Risks and Complications

As with any injectable procedure, HA filler carries potential risks and side effects, including but not limited to:

- **Bruising and Swelling:** Mild bruising and swelling are common and typically subside within a few days.
- **Tenderness or Discomfort:** Mild discomfort at the injection site may occur but should resolve within a few days.
- **Asymmetry:** Minor asymmetry may occur, and further treatments may be required to correct it.
- **Lumps or Nodules:** Small lumps may develop but often resolve naturally. In some cases, gentle massage or further treatment may be necessary.
- **Infection:** Rarely, an infection can occur. Please follow aftercare instructions closely to minimize this risk.
- **Allergic Reactions:** Allergic reactions to HA filler or numbing agents are rare but possible.
- **Vascular Complications:** Filler injected near blood vessels may pose a risk to blood flow. Although rare, this can cause skin necrosis (tissue damage) or, in very rare cases, vision issues.
- **Granulomas:** Hard nodules may form in the treated area, sometimes requiring further treatment.

Expected Results and Limitations

- **Gradual Improvement:** Results are immediate but may improve over two weeks as swelling subsides and the filler settles.
- **Temporary Results:** HA fillers last approximately 6-12 months; periodic treatments are recommended to maintain results.
- **Natural-Looking Outcome:** While HA filler can improve under-eye hollows and reduce a tired appearance, it may not fully correct deep wrinkles or all signs of fatigue. Individual results will vary.

Alternative Treatments

Your provider has discussed alternative treatments with you, including PRF (Platelet-Rich Fibrin), PRP (Platelet-Rich Plasma), and surgical options. If you are interested in other methods, please notify your provider.

Contraindications

This treatment is not recommended for individuals who are:

- **Pregnant or Breastfeeding:** HA filler is not recommended during pregnancy or lactation.
- **Prone to Severe Allergies:** Inform your provider if you have a history of multiple severe allergies, particularly to lidocaine or HA fillers.

Consent to Clinical Photography

For documentation and monitoring purposes, photographs may be taken before and after your treatment. These images are confidential and used only for clinical records. They will not be used for marketing or educational purposes without explicit, separate consent.

WRITTEN CONSENT

By signing below, I confirm that I have read and fully understand this consent form for the Tired Eyes Treatment | HA Filler. I acknowledge the potential risks, benefits, and aftercare requirements, and I agree to follow all recommended aftercare instructions. I confirm that I have had the opportunity to ask questions, and all my questions have been answered to my satisfaction. I consent to the administration of the Tired Eyes Treatment | HA Filler by the trained professionals at Honey Skincare Studio.

PRINTED NAME:

SIGNATURE:

DATE:
