



FULL BODY TREATMENT: BBL, MOXI AFTERCARE AND CONSENT FORM

Treatment Description

Honey Skincare Studio's Full Body Treatment provides a comprehensive solution to rejuvenate your skin from head to toe. Choose any three areas to address skin concerns such as tone, texture, and elasticity.

- **BBL (BroadBand Light):** Targets pigmentation and sun damage to even skin tone and enhance radiance.
- **Moxi:** A non-invasive laser treatment designed to improve skin texture, reduce fine lines, and stimulate collagen for enhanced elasticity.

Each treatment plan is fully customized to your skin type and goals, delivering a revitalized and refreshed appearance.

Pre-Treatment Guidelines

1. **Sun Avoidance:** Avoid tanning, sunburn, or prolonged sun exposure for at least 4-8 weeks prior to treatment. Treating tanned skin increases the risk of complications, such as hyperpigmentation or burns.
2. **Self-Tanners:** Discontinue all self-tanning products at least 30 days before your appointment.
3. **Skincare Products:** Stop using products containing Retin-A, Differin, or other exfoliating agents one week before treatment.
4. **Cold Sores or Herpes Simplex:** Notify your provider if you have a history of cold sores or herpes simplex to discuss pre-treatment antiviral care.
5. **Pre-Treatment Skincare:**
 - Use **The Perfect Derma™ Body Lotion** for 8 weeks before treatment. Its blend of 15% Glycolic Acid, Retinol, and Glutathione enhances cellular turnover, improves skin texture, and brightens the skin for optimal treatment results.
 - Combine with **Alastin Transform Body Treatment** or **ReFORM & RePAIR Complex**, which work to strengthen the skin, promote collagen production, and prepare it for the upcoming procedure.

Why Pre-Treatment is Important: Pre-conditioning the skin ensures better treatment outcomes, reduces the risk of complications, and supports faster post-treatment healing.

What to Expect During Treatment

- Temporary sensations such as warmth, redness, or mild swelling in the treated areas are common during and immediately after the procedure.
- These side effects generally subside within a few hours to a few days.
- The treatment intensity will be adjusted to suit your specific needs and goals.

Post-Treatment Instructions

Healing and Recovery Guidelines

1. Cleansing and Disinfection:

- Gently cleanse the treated areas with lukewarm water and a non-irritating cleanser starting the morning after treatment.
- Apply a disinfecting spray containing **Hypochlorous Acid (HOCl)** to minimize infection risks. Allow it to air dry before applying additional products.

2. Soothing and Moisturizing:

- Apply **SkinCeuticals Phyto-Corrective Gel** to calm redness, reduce inflammation, and hydrate the skin.
- Use a fresh **aloe leaf**, slicing it open and applying the natural gel 3-5 times daily for the first 72 hours to soothe and support healing.
- Follow with a recommended **Post-Procedure Cream or Ointment** to lock in hydration.
- Incorporate **Alastin ReFORM & RePAIR Complex** to accelerate tissue repair, improve healing, and minimize redness.

3. Sun Protection:

- Strictly avoid direct sun exposure for at least 4-8 weeks post-treatment.
- Use a **broad-spectrum mineral sunscreen** with SPF 40+ containing zinc oxide or titanium dioxide. Reapply every 2 hours when outdoors.

4. Additional Recommendations:

- Wear loose, breathable clothing to prevent irritation or friction.
- Refrain from scratching, picking, or exfoliating the treated areas.

5. Continued Skincare:

- After 7-10 days, resume using **The Perfect Derma™ Body Lotion, Alastin Transform Body Treatment, or ReFORM & RePAIR Complex** to extend and enhance your treatment results.

Avoid the Following Until Sensitivity Subsides (7-10 Days):

- Direct sun exposure and UV tanning beds.
- Products containing active ingredients such as retinoids, glycolic acid, or salicylic acid.
- Hot tubs, saunas, or excessive sweating activities.
- Harsh or perfumed skincare products.

Potential Risks and Side Effects

While this treatment is generally safe and effective, the following side effects may occur:

- **Redness and Swelling:** Common and temporary, usually resolving within a few days.
- **Dryness and Itching:** Flakiness or mild itching may occur as the skin heals. Use a recommended moisturizer to manage these symptoms.
- **Blisters or Scabs:** Rare but possible. Avoid disturbing these areas to prevent infection or scarring.
- **Pigment Changes:** Temporary hyperpigmentation or hypopigmentation may occur, especially without diligent sun protection.
- **Infection:** Signs include pus, fever, or increasing redness. **Contact Honey Skincare Studio at (703) 589-9665 and your provider immediately** if you notice these symptoms.
- **Scarring:** Rare but possible. Follow all aftercare instructions to minimize this risk.
- **Allergic Reactions:** Symptoms may include swelling, redness, or hives due to topical products. Contact your provider if you experience these effects.

Consent to Clinical Photography

I understand that clinical photographs may be taken before and after my treatment for documentation, treatment planning, and monitoring purposes. These images will be kept confidential and stored securely as part of my medical record.

ACKNOWLEDGMENTS AND CONSENT

I understand the nature of the Full Body Treatment (BBL or Moxi) and its potential benefits and risks. I agree to follow all pre- and post-treatment instructions to achieve the best possible outcome.

- **Pregnancy Status:** I confirm that I am not pregnant.
- **Financial Responsibility:** I understand this is an elective procedure not covered by insurance. I acknowledge that there are no refunds and that I am responsible for any additional treatments required.
- **Photographic Consent:** I consent to the use of my photographs for documentation and educational purposes.

By signing below, I confirm that I have read and understood this consent form, and I voluntarily agree to proceed with the treatment.

PRINTED NAME:

SIGNATURE:

DATE:
