



EARLOBE FILLER AFTERCARE AND CONSENT FORM

Procedural Description

Earlobe Filler is designed to restore volume, structure, and support to the earlobes, which can become thin, stretched, or wrinkled due to aging or prolonged wear of heavy earrings. Hyaluronic acid (HA) filler is injected into the earlobe to provide a firmer base, enhance resilience, and create a smoother, rejuvenated appearance. The treatment also improves skin elasticity in the earlobe area, restoring youthful fullness and enhancing the ability to support earrings comfortably.

Typically, 1-2 syringes of HA filler are used to achieve optimal results, depending on the degree of volume loss and individual anatomy.

Before Your Treatment

- **Avoid Blood Thinners:** Refrain from blood-thinning medications and supplements (e.g., aspirin, ibuprofen, fish oil, vitamin E) for at least 7 days prior unless otherwise directed by your healthcare provider.
- **Avoid Alcohol and Smoking:** Limit alcohol consumption and avoid smoking for 48 hours before treatment to reduce bruising risks and support healing.
- **Arrive with Clean Ears:** Ensure your earlobes are clean and free from earrings or other jewelry.
- **Cold Sore Precaution:** If you have a history of cold sores, please inform your provider for potential preventive care.
- **Hydrate:** Drink plenty of water leading up to your appointment to support optimal results.

What to Expect During the Procedure

- **Consultation:** Your provider will assess your earlobes, discuss your goals, and determine the appropriate amount of filler based on your unique needs.
- **Numbing:** A topical numbing cream may be applied to enhance comfort during the injections.
- **Precise Injection:** HA filler is carefully injected into the earlobes to add volume, restore support, and create a firmer base.
- **Aftercare Review:** Your provider will review aftercare instructions to optimize results and minimize any potential side effects.

Post-Treatment Instructions

- **Avoid Touching or Rubbing:** Refrain from touching or rubbing the treated area for at least 24 hours.
- **No Earrings:** Avoid wearing earrings or other jewelry in the treated area for 1-2 days following the procedure.
- **No Makeup or Lotions:** Avoid applying makeup, lotions, or other products on or around the earlobes for 24 hours to reduce infection risks.

- **Cold Compresses:** Use a cold compress gently if you experience swelling or bruising.
- **Stay Hydrated:** Continue to drink water, as hyaluronic acid fillers retain hydration and support volume.
- **Avoid Strenuous Activity:** Avoid intense exercise, saunas, hot tubs, and direct sun exposure for 48 hours post-treatment.

Potential Risks and Complications

As with any injectable procedure, there are potential risks and side effects associated with HA filler for the earlobes, including but not limited to:

- **Bruising and Swelling:** Mild bruising and swelling are common and usually resolve within a few days.
- **Tenderness or Discomfort:** Temporary tenderness or discomfort may occur at the injection sites.
- **Asymmetry:** Minor asymmetry may occur, which may require follow-up treatment for adjustment.
- **Lumps or Nodules:** Small lumps or bumps may form in the treated area; these typically resolve on their own or with gentle massage.
- **Infection:** Although rare, any injection carries a risk of infection. Following aftercare instructions minimizes this risk.
- **Allergic Reactions:** Allergic reactions to hyaluronic acid or numbing agents are rare but possible.
- **Vascular Complications:** Filler injections near blood vessels carry a rare risk of obstructing blood flow, which can lead to tissue damage.

Expected Results and Maintenance

- **Natural-Looking Enhancement:** This treatment is designed to create a firmer, more resilient earlobe that appears youthful and can better support earrings.
- **Gradual Improvement:** Results are visible immediately, with full effects becoming apparent over 1-2 weeks as swelling subsides and the filler settles.
- **Longevity:** HA filler results in the earlobes typically last 6-12 months, depending on individual factors. Maintenance treatments are recommended to retain the rejuvenated look of the earlobes.

Alternative Treatments

Your provider has discussed alternative treatments with you, including surgical options for earlobe repair or other types of dermal fillers. If you prefer any of these alternatives, please notify your provider.

Contraindications

This treatment is not suitable for individuals who:

- **Are Pregnant or Breastfeeding:** Injectable fillers are not recommended during pregnancy or lactation.
- **Have Severe Allergies to Filler Ingredients:** Please inform your provider if you have any known allergies to hyaluronic acid or lidocaine.
- **Have Active Skin Infections or Conditions:** Such as active cuts, abrasions, or inflammation in the treatment area.
- **Prone to Keloid Scarring:** Individuals with a history of keloid or hypertrophic scarring should consult with the provider.

Consent to Clinical Photography

For documentation purposes and to track progress, photographs may be taken before and after your procedure. These images are confidential and will be used solely for clinical records and treatment evaluation. They will not be used for marketing or educational purposes without separate, explicit consent.

WRITTEN CONSENT

By signing below, I confirm that I have read and fully understand this consent form for the Earlobe Filler Treatment with Hyaluronic Acid. I acknowledge the potential risks, benefits, and aftercare requirements and agree to follow all recommended aftercare instructions. I confirm that I have had the opportunity to ask questions, and all my questions have been answered to my satisfaction. I consent to the administration of Earlobe Filler by the trained professionals at Honey Skincare Studio.

PRINTED NAME:

SIGNATURE:

DATE:
