



CLEARV® LASER VEIN TREATMENT AFTERCARE AND CONSENT FORM

Procedural Description

ClearV presents an advanced solution for tackling persistent vascular lesions that often don't naturally fade. Whether it's visible vessels, broken capillaries, spider veins, vascular lesions, skin discoloration, or rosacea, ClearV provides targeted and precise laser energy to gently eliminate these structures. The result is a gradual reduction in the visibility of these vascular concerns over time.

Versatile across all skin types (Fitzpatrick I - VI), ClearV ensures inclusivity and effectiveness for a broad range of patients. Importantly, there's minimal downtime associated with ClearV treatments, allowing individuals to seamlessly resume their daily activities immediately following the procedure.

With a series of treatments, ClearV technology effectively targets and eliminates stubborn vascular issues. This innovative approach not only offers the convenience of addressing a wide range of vascular concerns but also ensures a quick return to daily routines. Embrace the promise of clearer, healthier-looking skin and say goodbye to stubborn vessels for good with the power of ClearV.

Before Your Treatment

- Pre-treatment preparation involves removing makeup or moisturizer from the treatment area.
- If you are receiving treatment on the body, please ensure that the skin is free from lotions and self-tanner. This is crucial not only to provide a clean surface for the procedure but also to minimize the risk of burns from the laser treatment.
- Shaving may be required, ensuring a clean surface for the procedure.
- Unlike some procedures, there is no need for anesthetic cream or ice, minimizing pre-treatment steps.
- This streamlined process contributes to the efficiency of the treatment session.
- Cold Sores. If you have a history of cold sores, please inform your provider so we can see about Rx care. If you have previously suffered from facial cold sores, there is a risk that this treatment could contribute to a recurrence.

What to Expect During the Treatment

- Safety measures include the use of shields or glasses to protect the eyes during the treatment.
- The ClearV handpiece administers precise laser energy to the targeted area.
- Sensations during the procedure may include a brief warm or hot feeling as laser pulses are absorbed.
- Treatment duration varies, typically taking 5-30 minutes based on the size of the treatment area.
- ClearV offers effective and immediate results, with a noticeable reduction in veins after just one session.
- Continued improvement can be expected over time, enhancing the overall outcome for patients.

Post-Treatment Instructions

- Patient responses vary; redness and swelling, resembling a "cat scratch," are common shortly after treatment.
- Expected sensations include a sunburn-like feeling and mild soreness, typically lasting 24-48 hours.
- After 48 hours, the treated skin may appear red, purple, or bruised, with veins potentially more visible initially.
- Normal progression involves fading redness and purple hues over 2-3 weeks, with veins becoming less noticeable.
- To alleviate discomfort and reduce bruising, a support hose or ace bandage may be recommended post-treatment

ClearV Consent Form

I've been informed about the ClearV procedure, recognizing that, like any procedure, it carries both potential benefits and inherent risks. The side effects associated with ClearV may include pain, extended redness, broken capillaries, whiteheads, pimples, variations in pigmentation, infection, bleeding, scarring, sensitivity, allergic reactions, eye or surrounding structure damage, burns, dissatisfaction with results, the potential for additional procedures, and unforeseen side effects. It's important to acknowledge and understand these expected side effects of the ClearV procedure.

Discomfort:

Most people will feel some heat-related discomfort (pain) with the treatment. This discomfort is usually temporary but may persist for 24 hours. I understand that the sensation generated by the light pulse is most commonly described as a rubber band snapping against the skin, and most individuals are able to tolerate this sensation for the short duration of the treatment.

Limitations:

I understand that some rejuvenation is achieved in nearly everyone, but that complete rejuvenation may not occur. Results are limited by the equipment capability as well as personal skin characteristics. My Fitzpatrick skin typing has been analyzed, and I understand that a higher Fitzpatrick typing increases the potential risk of the treatment. Currently, Photo rejuvenation is limited to skin types I- IV. Hormonal therapy and other medical conditions may affect my results. These issues will be discussed at the time my medical history is reviewed. Results are cumulative; therefore a series of treatments is necessary to achieve maximum benefit. Actual results cannot be guaranteed.

Redness and swelling:

Laser treatment will cause varying degrees of redness and swelling in the treatment area. These common side effects (erythema) and redness typically resolve within several hours. Edema (swelling) of the skin may occur and can be minimized by keeping the area elevated & using cool compresses. Typically resolves within a couple of hours to a day; however, both can last for several days.

Blisters:

Mild to moderate blisters developing after the treatment are uncommon but have been reported. If blisters do develop, care should be taken not to disturb them. Blistering should be evaluated by the treatment provider.

Temporary skin dryness:

Temporary mild skin dryness is common after the treatment. Itching sensations often occur if the skin dries or as the old skin is shed and the new skin is formed. If skin dryness occurs, it is normally noticed 3-5 days after treatment and typically resolves within a week. Make sure to hydrate and nourish properly.

Pigment changes:

During the healing phase, the treated area may appear to be darker. Brown darkening of the skin (hyperpigmentation) and whitening (hypopigmentation) have been noted after treatment, especially with a darker complexion. Pigment changes can occur either following blistering or crusting or because of inflammation during the recovery period. Post Inflammatory Hyperpigmentation (PIH) occurs as a part of the normal skin reaction to injury. The skin functions become hyperactive during the healing process, including cells that produce pigment. PIH occurs more frequently with darker-colored skin, after sun exposure to the treatment area, or with patients who already have a tan. To reduce the risk of PIH, the treated area must be protected from exposure to the sun (sunscreen for 2 months after treatment); however, in some patients, increased skin coloring may occur even if the area has been protected from the sun. This pigmentation usually fades in 3 to 6 months. Hyperpigmentation is very rarely permanent. Your treating provider may recommend topical skin-lightening products to accelerate the return to normal pigmentation levels.

Scabs:

No picking of any micro-scabbing.

Scarring:

Scarring is a rare occurrence, but it is a possibility whenever the skin's surface is disrupted. To minimize the chances of scarring, it is important that patients follow all post-treatment instructions provided by their provider. Good post-treatment care will help reduce the possibility of scarring.

Hypopigmentation:

Lightening or loss of skin pigmentation is very rare, however, it is a possible adverse event, especially in patients with a history of vitiligo or pigmentary disorders.

Infection:

Infection is possible but not common after treatments; herpes simplex virus infections can occur following treatments. This applies to both individuals with a history of cold sores and individuals with no known history. Other signs of an infection can be high fever, purulence (pus), worsening redness, increased swelling in the area, blisters, pustules, and worsening pain. Should these symptoms occur, the clinician must be immediately notified to prescribe appropriate medical care. Topical and/or oral antibiotics may be necessary.

Allergic Reactions:

Allergic reactions can occur. Some persons may have a hive-like appearance in the treated area. Some persons have localized reactions to topical ointments/creams. Systemic reactions are rare.

I acknowledge the following has been discussed with me:

- I understand the Risks / Complications / Side effects / Consequences of Laser Treatment of the Skin: allergic reactions, swelling, itching, infection / cold sores, color/texture change, visible skin laser patterns, bleeding, burns, abnormal/slow/delayed healing, scarring, distortion of anatomic features, redness, dry eyes with corneal irritation, eye damage, chronic pain, delay in skin cancer diagnosis, and lack of permanent results or unsatisfactory results, need for further procedures.
- I understand that compliance with pre and post-care instructions is crucial for the success of my laser treatment and to prevent unnecessary side effects or complications.
- During the healing phase, sun exposure can cause darkening of the treated area(s) called post-inflammatory hyperpigmentation, therefore, sun avoidance must be followed. Failure to follow instructions may increase risks. Additional risks include unknown rare risks and the need for additional treatments or surgery. Follow all laser care instructions to minimize the risk of having adverse effects. Although improvement is expected, there is no guarantee or warranty expressed or implied with respect to the results that may be obtained. AVOID SUN EXPOSURE FOR THE NEXT 8 WEEKS.
- I understand that there are many variable conditions that influence the long-term results of laser skin treatments. The practice of medicine and surgery and the subsequent use of lasers is not an exact science. Although good results are expected, there is no guarantee, expressed or implied, on the results that may be obtained. Repetition of treatment, skin care regimen, and other procedures aid in results.
- Financial Responsibilities – This procedure is elective and not medically necessary and, therefore, not covered by insurance. Any complications requiring additional medical care and/or treatment or revisionary procedures would be the patient's responsibility also. There are no refunds.

For women of childbearing age: By signing below I confirm that I am not pregnant and do not intend to become pregnant at any time during the course of the treatment. Furthermore, I agree to keep Honey Skincare Studio and my provider informed should I become pregnant during the course of the treatment.

WRITTEN CONSENT

Photographic documentation will be taken. I hereby do authorize the use of my photographs for teaching purposes.

BY MY SIGNATURE BELOW, I ACKNOWLEDGE THAT I HAVE READ AND FULLY UNDERSTAND THE CONTENTS OF THIS INFORMED CONSENT FORM FOR THE TREATMENT OF ACNE AND THAT I HAVE HAD ALL MY QUESTIONS ANSWERED TO MY SATISFACTION BY HONEY SKINCARE HEALTHCARE TEAM.

I have read this form and understand it, and I request the performance of the procedure

PRINTED NAME:

SIGNATURE:

DATE:
