



ANTEAGE MDX EXOSOME BRIGHTENING SOLUTION CONSENT AND AFTERCARE FORM

Procedural Description

The AnteAGE MDX Exosome Brightening Solution is an advanced topical treatment formulated to enhance skin radiance, even out skin tone, and support natural healing processes. This solution contains exosomes—tiny extracellular vesicles that facilitate intercellular communication and deliver bioactive molecules such as growth factors and cytokines. These components play a crucial role in skin rejuvenation by promoting collagen production, reducing inflammation, and accelerating tissue repair. Additionally, the inclusion of Tranexamic Acid helps address pigmentation concerns by inhibiting melanin synthesis, thereby improving skin tone and texture. When applied in conjunction with procedures like microneedling, radiofrequency, laser, and other resurfacing treatments, this serum enhances treatment outcomes, leading to a brighter, smoother complexion.

Before Your Treatment

- **Avoid Sun Exposure:** Avoid direct sun exposure, tanning beds, and sunburn for at least 4-8 weeks before treatment.
- **Discontinue Retinoids:** Stop using retinoids (e.g., Retin-A, Renova, Differin) one week before treatment.
- **Cold Sores:** Inform your provider of any history of cold sores or herpes simplex virus for preventive care.

What to Expect During the Treatment

During the application of AnteAGE MDX Exosome Brightening Solution, you may experience mild warmth, redness, and tingling, similar to a mild sunburn. These sensations generally subside within a few hours.

Post-Treatment Instructions

- **Sun Protection:** Use a broad-spectrum SPF 40+ daily for at least 7-10 days after treatment.
- **Avoid Harsh Products:** Avoid exfoliants, retinoids, and products with glycolic or salicylic acid for 7-10 days.
- **Gentle Cleansing:** Wash treated areas with cool or lukewarm water.
- **Avoid Heat and Exercise:** Refrain from hot tubs, saunas, chlorinated pools, and strenuous exercise for 48 hours.
- **Moisturizers:** Use recommended moisturizers (e.g., Post-Procedure Cream, SkinCeuticals Phyto-Corrective Gel, or hyaluronic acid serum) to soothe any redness or tightness.
- **Pain Relief:** Tylenol or Advil may be used if you experience discomfort.

Potential Side Effects and Risks

While generally safe, potential side effects may include:

- **Redness and Swelling:** Temporary redness, mild swelling, and warmth are common and usually subside within a few hours.
- **Dryness and Itching:** Some clients may experience dryness, tightness, or itching.
- **Pigmentation Changes:** Hyperpigmentation (darkening) or hypopigmentation (lightening) may occur, particularly if exposed to the sun post-treatment.

- **Breakouts:** Small breakouts or pimples may occur in response to active ingredients.
- **Allergic Reactions:** Rare allergic responses, such as redness, hives, or rash.
- **Infection:** Infection is possible if the skin is compromised; following post-care reduces this risk.
- **Scarring and Sensitivity:** Scarring is rare but possible; sensitivity may develop if post-care is not followed.

Expected Results and Limitations

- AnteAGE MDX Exosome Brightening Solution aims to improve skin brightness, tone, and texture. Results vary, and multiple sessions may be required.
- This treatment is topical and non-invasive; it will not significantly alter deep-set wrinkles, severe scarring, or major skin laxity.
- Adherence to aftercare guidelines and sun protection is crucial for optimal results.

Contraindications

This treatment may not be suitable for individuals with active cancer or a history of certain cancers. If you have a current or past cancer diagnosis, please consult with your healthcare provider or oncologist before undergoing this treatment. By signing below, you confirm that you have disclosed any relevant medical history to Honey Skincare Studio.

For Women of Childbearing Age

By signing below, I confirm that I am not pregnant, do not plan to become pregnant during this treatment, and will inform Honey Skincare Studio if my status changes.

Photography Consent

To track progress, photographs may be taken before and after treatment for clinical documentation. These images are confidential and will not be used for marketing or educational purposes without separate, explicit consent.

CONSENT CONFIRMATION

By signing below, I confirm that I have read and fully understand this consent form for the AnteAGE MDX Exosome Brightening Solution treatment. I acknowledge the potential risks, benefits, and limitations of this treatment, and agree to follow all recommended aftercare instructions. All questions have been answered to my satisfaction.

PRINTED NAME:

SIGNATURE:

DATE:
