



AMINO BLEND RECOVERY SHOT CONSENT FORM

General Information

The **Amino Blend Recovery Shot** is designed to aid in muscle recovery, enhance athletic performance, and promote overall physical well-being. This injection includes a blend of essential and non-essential amino acids crucial for reducing inflammation, supporting muscle repair, and boosting energy levels.

Amino Acids in the Blend

This injection contains the following amino acids:

- **Arginine:** Supports circulation and nitric oxide production.
- **Citrulline:** Enhances blood flow and reduces muscle fatigue.
- **Ornithine:** Assists in ammonia detoxification and recovery.
- **Lysine:** Important for protein synthesis and muscle repair.

How It Works

The amino acids in this blend help by:

- **Reducing muscle soreness:** Decreasing inflammation after physical activity.
- **Boosting energy:** Supporting metabolic processes and increasing endurance.
- **Promoting recovery:** Aiding in cellular repair and growth to improve stamina.

Indications

This injection may be recommended for:

- Athletes or active individuals seeking faster recovery and performance enhancement.
- Patients experiencing muscle fatigue or nutrient deficiencies.
- Those aiming to improve overall stamina, strength, and wellness.

Side Effects

Common side effects may include:

- Mild pain, redness, or swelling at the injection site.
- Temporary dizziness or lightheadedness.
- Upset stomach or nausea.

Rare, but more severe side effects include:

- Allergic reactions (e.g., rash, swelling, difficulty breathing).
- Electrolyte imbalances or symptoms such as confusion or changes in heart rhythm.

Contraindications

This injection should not be administered to individuals who:

- Have known allergies to any amino acids in the blend.
- Have severe kidney or liver conditions unless supervised by a healthcare professional.
- Are pregnant or breastfeeding without medical consultation.

Interactions

Amino acids may interact with:

- Blood pressure medications, diabetes drugs, or diuretics.
- Supplements containing L-arginine or similar compounds.

Please inform your provider about any medications or supplements you are taking.

CONSENT ACKNOWLEDGMENT

By signing below, I confirm that I have read and understand the information provided regarding the **Amino Blend Recovery Shot**. I acknowledge the potential risks, side effects, and benefits of this treatment. I consent to proceed, understanding that results may vary.

- **If I experience any unexpected problems or adverse reactions, I will contact Honey Skincare Studio immediately at (703) 589-9665.**

Liability Release: By signing below, I acknowledge that I have read and agree to the foregoing informed consent. I consent to this and all subsequent Amino Acid injections under these terms. I release the provider, the administering staff, and the facility from liability associated with this procedure.

PRINTED NAME:

SIGNATURE:

DATE:
