



WRINKLE RELEASER | XEOMIN® INJECTION TREATMENT AFTERCARE AND CONSENT FORM

Procedural Description

Xeomin® is an FDA-approved botulinum toxin type A treatment, designed to reduce the appearance of dynamic wrinkles by temporarily relaxing targeted facial muscles. Known as a "naked" neurotoxin, Xeomin contains only the active ingredient without any accessory proteins. This pure formulation minimizes the risk of developing antibodies, making it a preferred option for long-term users seeking a lower risk of resistance. Xeomin effectively treats areas like crow's feet, forehead lines, and frown lines by blocking nerve signals that cause muscle contractions, resulting in a smoother, refreshed appearance. Results typically appear within 3-7 days and last approximately 3-4 months.

Benefits of Xeomin

- **Pure Formulation:** The absence of accessory proteins reduces the risk of developing antibodies, ideal for long-term use.
- **Natural, Rapid Results:** Xeomin provides a smooth, natural appearance with a relatively quick onset.
- **Customizable:** Xeomin treatments are tailored to address individual areas of concern for subtle, effective results.

Pre-Treatment Instructions

- **Avoid Blood Thinners:** Refrain from using aspirin, ibuprofen, fish oil, and other blood-thinning agents for at least 7 days prior to reduce the risk of bruising.
- **Avoid Alcohol and Smoking:** Avoid alcohol and smoking for at least 24 hours before your appointment.
- **Skincare Precautions:** Discontinue Retin-A and other potent skincare treatments 2 days before and after your session to avoid irritation.
- **Eat and Hydrate:** Ensure you are well-fed and hydrated before the treatment to help minimize the risk of lightheadedness.
- **Health Status:** Please reschedule if you have a cold sore, rash, or active illness on the day of treatment.

Post-Treatment Instructions

- **Avoid Touching or Massaging:** Do not rub, massage, or apply pressure to the treated area for 24 hours to prevent unintended spread of the neurotoxin.
- **Stay Upright:** Remain upright for at least 4 hours post-treatment to help the product settle correctly.
- **Avoid Exercise and Heat:** Refrain from vigorous exercise, saunas, and hot tubs for 24 hours post-treatment.
- **Dietary Precautions:** Avoid alcohol, caffeine, high-sodium foods, sugary foods, and cigarettes for 24-48 hours to minimize swelling and bruising.

Expected Results and Limitations

- **Gradual Onset:** Results typically appear within 3-7 days, with full effects visible within 2 weeks.
- **Temporary Results:** Effects generally last about 3-4 months, with periodic treatments recommended for sustained benefits.
- **Variable Outcomes:** Individual results may vary due to factors like skin type, muscle strength, and lifestyle habits.

Potential Risks and Complications

While Xeomin is generally safe, possible side effects and risks include:

- **Common Side Effects:** Temporary bruising, swelling, redness, or tenderness at the injection sites.
- **Asymmetry:** Minor unevenness in muscle relaxation may occur, which can often be adjusted with follow-up treatments.
- **Temporary Muscle Weakness:** In rare cases, unintended muscles may be temporarily affected, potentially causing drooping or difficulty with specific facial expressions.
- **Eye and Vision Concerns:** Rarely, clients may experience dry eyes, blurred vision, or eye irritation.
- **Allergic Reactions:** While rare, allergic reactions such as itching, rash, or swelling can occur. Seek immediate medical help if these symptoms develop.
- **Infection:** Though infrequent, any injection carries a risk of infection. Contact Honey Skincare Studio immediately if you notice signs such as redness, warmth, or pus at the injection site.
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Contraindications

Xeomin treatment is not suitable for clients who:

- Are pregnant or breastfeeding.
- Have known allergies to botulinum toxin or any of its components.
- Have neuromuscular disorders such as myasthenia gravis or Lambert-Eaton syndrome.
- Have active infections or inflammation at the treatment site.

Financial Responsibilities

This procedure is elective and not covered by insurance. Any additional treatments required to address complications are the client's financial responsibility. Refunds are not available.

Special Considerations for Women of Childbearing Age

By signing below, I confirm that I am not pregnant, do not intend to become pregnant, and will inform my provider immediately if this status changes before or after treatment.

Consent to Clinical Photography

I understand that clinical photographs may be taken before and after my procedure for documentation, treatment planning, and progress monitoring. These images are confidential and will be securely stored as part of my medical record. They will not be used for marketing or educational purposes without my explicit, separate consent.

WRITTEN CONSENT

By signing below, I confirm that I have read and fully understand the information provided in this consent form for **Xeomin® Injection Treatment**. I acknowledge the potential risks, benefits, and aftercare requirements and agree to follow all recommended instructions. I confirm that I have had the opportunity to ask questions, and all my questions have been answered to my satisfaction. I agree to contact Honey Skincare Studio at **703-589-9665** immediately if I experience any concerns or adverse reactions following the treatment. I consent to the administration of Xeomin by the trained professionals at Honey Skincare Studio.

PRINTED NAME:

SIGNATURE:

DATE:
