



LASER + INJECTIONS FOR HAIR RESTORATION AFTERCARE AND CONSENT FORM

Procedural Description

Our Laser + Injections for Hair Restoration service combines the MOXI laser with advanced growth factor or peptide injections to stimulate hair follicles and promote scalp health. The MOXI laser, using a **1927 nm thulium wavelength**, creates precise microchannels along the scalp, enhancing absorption and effectiveness of serums applied after treatment. These microchannels allow the serums to penetrate deeply, reaching hair follicles and delivering regenerative factors directly to the scalp.

- **Growth Factor or Peptide Injections:** Following the laser treatment, a range of specialized serums or injectables may be used, including growth factors, peptides, PRF, or exosomes, depending on individual needs. These formulations are carefully selected by your provider to deliver essential nutrients and signaling molecules that support hair regrowth, improve density, and revitalize hair follicles. By creating microchannels in the scalp, the laser enhances absorption and effectiveness of the chosen solution, maximizing benefits for hair and scalp health.
- **MOXI Laser Technology:** The 1927 nm wavelength specifically targets the scalp to create micro-injuries that initiate a natural healing response. This response increases blood flow to the scalp, creating an optimal environment for hair follicle health and growth stimulation.

This combined approach is designed to reduce hair thinning, support natural hair regrowth, and enhance scalp vitality. Results will vary depending on individual factors such as the extent of hair loss, genetics, age, and hormonal balance.

Treatment Expectations

Laser + Injections for Hair Restoration is a gradual process, and visible results typically appear within a few months. Clients generally notice a reduction in hair shedding followed by increased thickness and density. For best results, we recommend the following treatment plan:

- **Initial Series:** Three monthly sessions to build a foundation for hair regrowth.
- **Follow-Up Session:** A booster session 4-6 months after the initial series.
- **Maintenance:** Annual maintenance treatments to sustain results.

While improvements are anticipated, individual responses vary, and complete hair density restoration may not be achievable for all clients.

Supporting Your Hair Growth Journey

A comprehensive approach to hair regrowth will enhance results. Along with laser and injections, consider:

- **Hair Growth Supplements:** Nutritional support with high-quality hair vitamins provides essential nutrients for healthy hair.
- **Topical Medications:** Treatments such as minoxidil can complement the laser and injections by stimulating hair follicles.
- **Scalp Health Maintenance:** HydraFacial Keravive treatments cleanse and exfoliate the scalp, improving the absorption and efficacy of other treatments.
- **Low-Level Laser Therapy (LLLT):** Additional laser therapy sessions at specific wavelengths (usually between 630-670 nm) may support follicle health and regrowth.
- **Scalp Massages:** Regular scalp massages promote blood circulation, which can help nourish hair follicles.
- **Lifestyle Factors:** Reducing stress, maintaining a balanced diet, and avoiding smoking and excessive alcohol intake can positively affect hair health.

- **Avoiding Tight Hairstyles:** Refraining from hairstyles that pull tightly on the hair prevents traction alopecia, a form of hair loss due to tension.

Please discuss these options with your provider to develop a personalized plan for optimal results.

Pre-Treatment Instructions

- **Hydrate:** Drink plenty of water the day before and on the day of your appointment to support your scalp and overall hydration.
- **Avoid Anti-Inflammatory Medications:** Refrain from taking anti-inflammatory medications (e.g., aspirin, ibuprofen, naproxen) at least three days before treatment.
- **Hair Preparation:** Arrive with a clean scalp, free from any hair products. Avoid washing or applying any products to the scalp on the day of treatment.
- **Eat Lightly:** Have a small meal before your appointment to avoid lightheadedness during the procedure.

Post-Treatment Instructions

- **Protect the Scalp:** Wear a loose hat to shield the scalp from sunlight for at least 24 hours after treatment.
- **Hydrate:** Continue drinking water and maintain a balanced diet to support recovery.
- **Exercise and Hair Care:** Refrain from vigorous exercise for 24-48 hours, and avoid washing your hair or using hair products for at least 48 hours post-treatment.
- **Avoid Anti-Inflammatories:** Do not take anti-inflammatory medications for three days post-treatment, as mild inflammation can aid the regenerative effects.
- **Limit Alcohol and Tobacco:** Avoid alcohol, tobacco, and foods high in salt for 24 hours post-treatment to support optimal results.

Acknowledgement of Risks and Side Effects

- While Laser + Injections for Hair Restoration is minimally invasive, I understand that there are potential risks, including:
- **Discomfort:** Some clients experience temporary discomfort or sensitivity at the treatment site.
- **Bleeding:** Minor bleeding may occur during the procedure.
- **Infection:** Although rare, infection is possible. Prompt care may be required in such cases.
- **Bruising and Redness:** Temporary redness or bruising may occur, typically resolving within a few days.
- **Unsatisfactory Results:** Results can vary based on individual factors. There is no guarantee on the effectiveness or extent of regrowth, and multiple sessions may be necessary for optimal results.

CONSENT TO PROCEED

By signing below, I acknowledge that I have read and understood the information provided in this consent form. I am aware of the potential risks and benefits of Laser + Injections for Hair Restoration, and I agree to follow all pre- and post-treatment instructions provided by my provider. I understand that this treatment is elective and is not covered by insurance. I accept full financial responsibility for the costs associated with this treatment and any additional care that may be required.

PRINTED NAME:

SIGNATURE:

DATE:
