



INJECTABLES CONSULTATION AFTERCARE AND CONSENT FORM

Purpose of Injectables Consultation

This consultation is designed for clients interested in learning more about injectable treatments, including **Botox and dermal fillers**. During the consultation, our skilled providers will discuss your aesthetic goals, assess your facial structure, and recommend a personalized treatment plan tailored to your needs. This appointment is an opportunity to address any questions or concerns and ensure that you feel informed and comfortable with potential treatment options.

Consultation Fee: A non-refundable fee of \$50 is required to secure the appointment; however, this fee will be credited toward any injectable treatment you choose to book following the consultation. Please note that treatment may or may not be available on the same day; to ensure availability, please schedule an additional appointment for your selected treatment.

Potential Treatments Discussed

1. Botulinum Toxin (Botox)

- Botox is commonly used to reduce the appearance of dynamic wrinkles, such as crow's feet, forehead lines, and frown lines (glabellar lines).
- This treatment works by temporarily relaxing muscles that cause wrinkles, resulting in a smoother, more youthful appearance.
- Results typically develop within 3-7 days and last approximately 3-4 months, with periodic treatments required to maintain effects.

2. Dermal Fillers

- Dermal fillers are injectable treatments designed to restore volume, smooth wrinkles, and enhance facial contours.
- Common areas for filler application include the cheeks, lips, nasolabial folds, jawline, and under-eye area.
- Fillers are available in various types, primarily hyaluronic acid (HA)-based, which provides immediate volume and contour with results lasting 6-18 months, depending on the filler type and area treated.

Benefits of Injectables

- **Wrinkle Reduction:** Both Botox and dermal fillers can help soften the appearance of fine lines and wrinkles.
- **Volume Restoration:** Fillers restore lost volume in areas affected by age or weight loss, creating a youthful, refreshed look.
- **Facial Contouring:** Enhance facial contours, such as the cheekbones, jawline, and lips, for a more balanced appearance.

General Contraindications for Injectables

The following conditions may prevent you from receiving Botox or dermal filler treatments. Please inform your provider if you:

- Are pregnant or breastfeeding.
- Have a known allergy to any injectable components (e.g., botulinum toxin, hyaluronic acid, lidocaine).
- Have an active infection, cold sore, or skin condition (e.g., eczema, psoriasis) at the intended treatment site.
- Have a history of severe allergies, particularly anaphylaxis.
- Have a history of neuromuscular disorders (for Botox) or bleeding disorders.
- Are prone to keloid scarring or hypertrophic scarring.

Possible Risks and Side Effects

While injectables are generally safe, there are potential risks and side effects that may be discussed during the consultation:

- **Bruising and Swelling:** Temporary bruising, swelling, or tenderness at injection sites.
- **Redness and Itching:** Some clients may experience mild redness or itching, which typically resolves within a few days.
- **Asymmetry:** Uneven results may occasionally occur and may require touch-up treatments.
- **Allergic Reactions:** Although rare, an allergic reaction to Botox or dermal filler ingredients can cause hives, swelling, or other symptoms.
- **Lumps or Bumps:** Fillers may sometimes cause lumps, bumps, or nodules, which can usually be managed with massage or follow-up treatments.
- **Temporary Muscle Weakness (Botox):** Botox may occasionally cause temporary weakness in unintended areas, such as eyelid drooping.
- **Infection:** Although rare, infection is a risk with any injection. Signs include increased redness, warmth, or pus at the injection site. Contact us immediately if these symptoms occur.

What to Expect During and After Treatment

If treatment is recommended and booked following the consultation, the following general steps will be part of the process:

- **Pre-Treatment Instructions:** Avoid blood-thinning medications (e.g., aspirin, ibuprofen, fish oil) for 5-7 days before treatment. Alcohol and smoking should also be avoided for 24 hours prior.
- **Treatment Duration:** Most Botox and filler sessions last approximately 15-45 minutes, depending on the area and extent of treatment.
- **Aftercare Instructions:** Post-treatment guidelines include avoiding makeup, vigorous exercise, and exposure to heat (e.g., saunas, hot tubs) for 24-48 hours. Sun protection is advised to minimize potential side effects.

Expected Results and Limitations

- **Botox:** Results typically develop over 3-7 days and last 3-4 months.
- **Dermal Fillers:** Results are immediate for hyaluronic acid fillers and last 6-18 months, depending on the product and area treated.
- **Variable Results:** Individual outcomes may vary based on factors such as age, skin type, and lifestyle. Regular maintenance treatments may be required to achieve and sustain desired results.

WRITTEN CONSENT

I understand that clinical photographs may be taken before and after my consultation or treatments for documentation, treatment planning, and monitoring of progress. These images are confidential and will be securely stored as part of my medical record. They will not be used for marketing or educational purposes without my explicit, separate consent.

By signing below, I confirm that I have read and fully understand the information provided in this consent form for the Injectables Consultation. I acknowledge that the consultation is designed to educate me on potential treatments and their associated benefits, risks, and limitations.

I understand that treatment may not be available on the same day, and I will need to schedule an additional appointment if desired. I agree to contact Honey Skincare Studio at **703-589-9665** immediately if I experience any concerns or adverse reactions following a treatment.

I consent to this consultation and, if scheduled, the administration of Botox or dermal fillers by the trained professionals at Honey Skincare Studio.

PRINTED NAME:

SIGNATURE:

DATE:
