



CORRECTIVE TREATMENT FOR ARMS AFTERCARE AND CONSENT FORM

Procedural Description

At Honey Skincare Studio, we offer targeted arms treatments utilizing either BroadBand Light (BBL) or Moxi technology to address concerns such as sun damage, pigmentation, and uneven skin texture. BBL focuses on correcting pigmentation for an even tone, while Moxi gently resurfaces the skin, enhancing texture and promoting a youthful glow. Your treatment will be tailored to your specific needs and goals, ensuring beautifully rejuvenated arms.

Pre-Treatment Guidelines

- **Sun Avoidance:** Avoid tanning, sunburn, or direct sun exposure for at least 4-8 weeks before treatment. Sun exposure increases the risk of adverse effects.
- **Self-Tanners:** Discontinue all self-tanning products at least 30 days before your appointment.
- **Skincare Products:** Stop using products containing Retin-A, Differin, or other retinoids at least one week before treatment.
- **Pre-Treatment Skincare:** Begin using The Perfect Derma™ Body Lotion 8 weeks prior to your treatment to prepare your skin for optimal results. For enhanced benefits, you may also incorporate Alastin Transform Body Treatment or ReFORM & RePAIR Complex into your pre-treatment routine.

Why Pre-Treating is Important:

Healthy, pre-conditioned skin responds better to laser treatments, reduces risks of complications such as hyperpigmentation, and promotes faster healing. Pre-treatment skincare strengthens your skin's barrier, supports collagen production, and prepares it for the regenerative process.

Key Benefits of Pre-Treatment Products

The Perfect Derma™ Body Lotion:

- **Exfoliation:** 15% Glycolic Acid and Retinol boost cellular turnover, smoothing texture.
- **Antioxidant Protection:** Glutathione, a powerful antioxidant, brightens and lightens the skin while defending against free radicals.
- **Skin Brightening:** Helps even skin tone and prepares your skin for optimal results.

Alastin Transform Body Treatment and ReFORM & RePAIR Complex:

- **Collagen and Elastin Support:** Patented TriHex Technology® clears damaged proteins, stimulates collagen and elastin production, and supports long-term skin health.
- **Improved Skin Elasticity:** Visibly enhances firmness and elasticity, making the skin more resilient to treatment.
- **Advanced Healing:** Promotes the skin's natural regenerative process, ensuring faster recovery and minimized downtime post-treatment.
- **Hydration and Barrier Support:** Deeply hydrates and strengthens the skin barrier to optimize laser treatment results.

Post-Treatment Use

Continue using The Perfect Derma™ Body Lotion, Alastin Transform Body Treatment, or ReFORM & RePAIR Complex 7-10 days after your treatment. These products will extend and enhance your results by supporting collagen production, hydration, and skin renewal.

What to Expect During Treatment

- Temporary sensations such as burning, warmth, redness, or mild swelling may occur. These effects generally subside within hours to a few days.
- Mild discomfort may be experienced but is typically well-tolerated.

Post-Treatment Instructions

Healing and Recovery Guidelines:

1. Cleansing and Disinfection:

- Begin cleansing the treated area with lukewarm water and a gentle, non-irritating cleanser the morning after your treatment.
- Apply a disinfecting spray containing Hypochlorous Acid (HOCl) after cleansing to reduce the risk of infection. Allow it to air dry before applying any other products.

2. Soothing and Moisturizing:

- Apply SkinCeuticals Phyto-Corrective Gel, which contains anti-inflammatory and hydrating ingredients, to calm redness and enhance skin recovery.
- Purchase a fresh aloe leaf from a grocery store like Whole Foods. Slice it open and apply the gel directly to the treated skin 3-5 times daily for the first 72 hours to soothe and promote healing.
- After applying aloe, use a gentle, fragrance-free moisturizer or a recommended Post-Procedure Cream to keep the area hydrated.

3. Sun Protection:

- Use a broad-spectrum mineral sunscreen with SPF 30 or higher. Mineral sunscreens containing zinc oxide or titanium dioxide are recommended to avoid irritation and reduce the risk of chemical burns during the healing phase.
- Reapply every 2 hours when outdoors, and avoid direct sun exposure for at least 4-8 weeks.

4. Additional Recommendations:

- Wear loose, breathable clothing to prevent irritation or friction on treated areas.
- Avoid scratching, picking, or exfoliating the skin.

5. Continued Skincare:

- After 7-10 days, resume using The Perfect Derma™ Body Lotion, Alastin Transform Body Treatment, or ReFORM & RePAIR Complex to extend and enhance your treatment results.

Avoid the Following Until Sensitivity Subsides (7-10 Days):

- Direct sun exposure and UV tanning beds.
- Products with active ingredients such as retinoids, glycolic acid, or salicylic acid.
- Hot tubs, saunas, or activities that induce excessive sweating.
- Harsh or perfumed skincare products.

Potential Risks and Side Effects

While this treatment is designed to rejuvenate the skin safely, the following side effects may occur:

- **Redness and Swelling:** These are common and typically resolve within a few days.
- **Dryness and Itching:** Mild flakiness or dryness may occur as the skin heals. Use a recommended moisturizer to alleviate symptoms.
- **Blisters or Scabs:** Rare but possible; avoid disturbing these to prevent infection or scarring.
- **Pigment Changes:** Hyperpigmentation or hypopigmentation may occur, especially with post-treatment sun exposure.
- **Infection:** Signs include pus, fever, or increasing redness. **Contact Honey Skincare Studio at (703) 589-9665 and your provider immediately** if you notice these symptoms.
- **Scarring:** Rare but possible; follow all aftercare instructions to minimize this risk.

Consent to Clinical Photography

I understand that clinical photographs may be taken before and after my treatment for documentation, treatment planning, and monitoring purposes. These images will be kept confidential and stored securely as part of my medical record.

ACKNOWLEDGMENTS AND CONSENT

I understand the nature of the Arms Treatment (BBL or Moxi) and its potential benefits and risks, which include temporary discomfort, redness, pigment changes, infection, scarring, or unsatisfactory results. I agree to follow all pre- and post-treatment instructions to achieve the best possible outcome.

- Pregnancy Status: I confirm that I am not pregnant.
- Financial Responsibility: I understand this is an elective procedure not covered by insurance. I acknowledge that there are no refunds and that I am responsible for any additional treatments required.
- Photographic Consent: I consent to the use of my photographs for documentation and educational purposes.

By signing below, I confirm that I have read and understood this consent form, and I voluntarily agree to proceed with the treatment.

PRINTED NAME:

SIGNATURE:

DATE:
