



HYDRAFACIAL AFTERCARE AND CONSENT FORM

Procedural Description

HydraFacial utilizes a unique, patented three-step process to exfoliate the skin, cleanse it of impurities, and then enrich the skin with antioxidants and moisture. This advanced treatment is designed to hydrate the skin and promote healthy cell turnover, reducing signs of age, improving skin tone, and addressing a range of skin concerns. HydraFacial is known for its ability to provide a quick and painless treatment experience with absolutely zero downtime.

HydraFacial uses a patented device to deliver exfoliation, cleansing, extraction, and hydration to the face. This system uses a vortex swirling action to deliver hydration and remove dead skin, dirt, debris, and impurities while cleaning and soothing your skin. The benefits that come with the HydraFacial are completely customizable. Boosters and serums can be individually cocktailled to deliver specific benefits including brightening, firming and restoring, smoothing and refining, hydrating, calming, or clarifying. When clients leave the treatment room, they immediately see a glow like no other that lasts for several days or weeks.

Before Your Treatment

- Avoid excess sun exposure, including tanning beds for 1 week before treatment, and use SPF 40 or greater daily to ensure coverage against UVB and UVA rays.
- Do not use any type of mild exfoliants 2 days before treatment.
- Refrain from any chemical peels or lasers for 2 weeks prior.
- Discontinue use of Tretinoin type products (Renova, Tretinoin, Retin A, Retin A Micro, Tri-Luma, Solage, etc.) at least 3 days before treatment.
- Discontinue the use of Hydroquinone 2-3 days before treatment.
- If you have a history of cold sores, consider beginning prophylactic treatment with Valtrex or similar no later than the day of treatment.
- Notify the center if you develop a cold sore, acne, open lesions in the area being treated, or experience any type of illness before your treatment.
- Wait 2 weeks after Botox and filler treatments to have a HydraFacial treatment.
- Botox and filler may be done on the same day, but only after HydraFacial treatment.
- Please come to the office without makeup, creams, gels, or lotions on treatment areas.
- If your skin is congested, the providers will perform extractions to fully clean and clear your skin. If this is the case, please plan for 2-3 days of downtime for healing from the extraction sites.

What to Expect During Treatment

- Your skin may experience temporary irritation, tightness, redness, dryness, or flaky skin. These are all normal reactions that typically resolve within 72 hours depending on skin sensitivity. Using Nutritional Serums such as Vitamin C afterward will help mitigate skin sensitivity.
- You may experience tingling and stinging during the treatment area. These sensations generally subside within three hours of treatment.
- Client experiences may vary. Some people may experience a delayed onset of the previously mentioned symptoms. Contact us immediately if any unusual side effects occur or if symptoms worsen over time.

- You will likely see results immediately after treatment and your skin will feel smooth and hydrated for one to four weeks. For improved, longer-lasting results, consider take-home products and monthly HydraFacial treatments.
- The treatment area is more susceptible to sunburn, sun damage, and hyperpigmentation. Avoid direct sun exposure and use a minimum of SPF 40 sunscreen.

Post-Treatment Instructions

- Avoid any exfoliation to the area for 48 hours post-treatment.
- To keep the area clean, avoid heat sources, including hot showers, saunas, and cardio workouts that may produce sweat for 24 hours.
- You may wash your face the following morning using the products recommended by your Provider.
- Please discuss continuing the use of your regular regimen post-treatment.
- Do not use topical Retin-A for 2 days following treatment.
- Avoid unprotected sun exposure and/or use of tanning beds for at least 3 days post-treatment.
- Use sunscreen with SPF 40 or higher daily for 3-5 days post-treatment.
- Makeup may be applied the day after treatment.
- Aggressive exfoliation, waxing, and products containing acids should be avoided in the treatment area for a minimum of two weeks pre-and post-treatment.
- Avoid the use of Retin-A type products pre- and post-treatment for 48 hours.
- Best results are achieved when done in a series of ongoing treatments.
- Notify your provider if your symptoms appear to worsen or if you have any questions about your treatment.

HydraFacial Consent Form

The nature of the HydraFacial treatment has been explained to me. I understand that just as there may be benefits from the treatment, all treatments involve risk to some degree. This consent form is valid for all future HydraFacial treatments. I will alert the staff if there are any future changes to my medical history. I understand that the following are among the expected side effects of the HydraFacial treatment:

Redness and swelling:

HydraFacial may cause some degree of redness and swelling in the treatment area. These common side effects (erythema) and redness typically resolve within several hours. Edema (swelling) of the skin may occur and can be minimized by keeping the area elevated & using cool compresses. Typically resolves within a couple of hours to a day.

Transient acne flare-ups:

Due to the fact that HydraFacial leverages a combination of salicylic and glycolic acids, which go into the skin and help loosen debris and unclog pores in tandem with the vacuum action, it is possible that consumers might see a few blemishes afterward. While this can happen after any extraction treatment, it's not a typical side effect. Whiteheads & pimples can pop up after the treatment as purging can sometimes happen but can be easily controlled by homecare products, consult with your provider on how to manage purging.

Infection:

Infection is possible but not common after treatments; herpes simplex virus infections can occur following treatments. This applies to both individuals with a history of cold sores and individuals with no known history. Other signs of an infection can be high fever, purulence (pus), worsening redness, increased swelling in the area, blisters, pustules, and worsening pain. Should these symptoms occur, the clinician must be immediately notified to prescribe appropriate medical care. Topical and/or oral antibiotics may be necessary.

Allergic Reactions:

Allergic reactions can occur. Some persons may have a hive-like appearance in the treated area. Some persons have localized reactions to topical ointments/creams. Systemic reactions are rare.

I acknowledge the following has been discussed with me:

- I understand the Risks / Complications / Side effects / Consequences of HydraFacial: allergic reactions, swelling, itching, infection / cold sores, color/texture change, bleeding, burns, abnormal/slow/delayed healing, scarring, distortion of anatomic features, redness, dry eyes with corneal irritation, eye damage, chronic pain, delay in skin cancer diagnosis, and lack of permanent results or unsatisfactory results, need for further procedures.
- I acknowledge that if I have ever had a cold sore or fever blisters, I should consult with my physician, pharmacist, or provider for a pre-use medication to help avoid a possible breakout. That medication should be used each day for two days before, the same day, and two days after any aggressive facial exfoliation treatment.
- I acknowledge that there is no guarantee that dark discoloration of skin will be reduced or fade. Pigmentation may improve or darken with successive treatments. I acknowledge the need for a proper skin care home regimen.
- I acknowledge that my skin might experience temporary irritation, tightness, redness, or slight swelling which usually dissipates within 72 hours depending on skin sensitivity.
- Financial Responsibilities - This treatment is elective and not medically necessary and therefore, not covered by insurance. Any complications requiring additional medical care and/or treatment or revisionary procedures would be the patient's responsibility also. There are no refunds.

WRITTEN CONSENT

Photographic documentation will be taken. I hereby do authorize the use of my photographs for teaching purposes.

BY MY SIGNATURE BELOW, I ACKNOWLEDGE THAT I HAVE READ AND FULLY UNDERSTAND THE CONTENTS OF THIS INFORMED CONSENT FORM. I HAVE BEEN GIVEN THE OPPORTUNITY TO HAVE ALL MY QUESTIONS ANSWERED TO MY SATISFACTION BY HONEY SKINCARE HEALTHCARE TEAM.

I have read this form and understand it, and I request the performance of the treatment.

PRINTED NAME:

SIGNATURE:

DATE:
