



AVICLEAR LASER FOR ACNE AFTERCARE + CONSENT FORM

Procedural Description:

AviClear is the first and only FDA-approved laser that treats mild to severe acne by targeting the oily sebaceous glands without the use of topical or oral medications. AviClear is clinically proven to be the most effective acne treatment on the market. With a minimum of 3 treatments required; 3 treatments are included in the price of \$3600.

AviClear's 1726 nm Wavelength is unique from any other laser on the market, with a wavelength that treats acne at the source by selectively targeting and suppressing the sebaceous gland safely and effectively. It focuses on reducing existing acne while minimizing the potential for breakouts.

Excess sebum can cause all kinds of skin complications, especially on the face. It can eventually clog your pores, leading to varying levels of acne. Moreover, bacteria will feed on excess sebum, and this is what causes inflammation in the pores, leading to acne. Overall, AviClear Aims to reduce these happenings while improving the quality of your skin in the long run.

Designed with patient comfort in mind, AviClear is enhanced with AviCool™ contact cooling for an optimal and safe treatment experience. It's an excellent treatment for any skin type, and the best results come from multiple treatments. Although each person's skin is different, three monthly treatments have been proven to deliver phenomenal results for most patients.

Before Your AviClear Treatment

- Do not use exfoliating products 3 days prior to the treatment such as retinol, salicylic acid, AHAs (Alpha-hydroxy acids) and benzoyl peroxide.
- Avoid prolonged sun exposure or self tanner prior to and during your treatment regimen, as sun damage is more sensitive to lasers and Self tanner or tanning lotions can and will lead to adverse effects, such as burns in the skin.
- Inform your provider if you have or have had cold sore or herpes simplex outbreaks in the past. The treatment can temporarily flare the virus and your provider will supply a medication to prevent any outbreaks. You will start taking this medication the day before the treatment.

What to Expect During Treatment

During your Appointment, one of our experienced providers will cleanse your skin before applying the laser directly to the acne-affected areas. You may feel a slight warming sensation as the laser works to target the oil glands.

There is no numbing (i.e. anesthetic) required as the laser is equipped with a special cooling technology to minimize discomfort. You can take Aspirin or Tylenol if you are afraid of any slight discomfort but this is not necessary. AviClear laser comes with a cooling function to help with discomfort, at 2 degrees celsius the cold tip applicator has a calming effect on the skin.

Post-Treatment Instructions

- It is extremely important to stay out of the sun during the treatment series and for a month post series. Immediately post treatment, apply sunscreen with SPF 40 or greater liberally to the entire face, neck and chest and continue applying sunblock daily! Use sun protection (hats, clothing) in addition to sunscreen.
- Cold Compressed may be applied post-procedure for your comfort.
- Most Patients will experience mild redness of the treatment area, lasting up to one day post-treatment.
- Avoid Heat; sauna, steam rooms, hot bath or showers 1-2 day post treatment.
- Limit exercise that can cause sweating for 24 hours post treatment.
- Abnormal Healing. If a blister develops, or increased discomfort or pain, pigment changes (lighter or darker than usual complexion), prolonged redness/swelling or if you feel like you are having an adverse event, please contact Honey Skincare Studio immediately (703) 589-9665.
- Keep Skin hydrated and well nourished in the days following the procedure. We recommend applying moisturizing botanical healing serums that can have natural antiseptic properties like hyaluronic serums, SkinCeuticals Phyto-Corrective Gel, Phyto-C O-Live Gel, and post-procedure botanical oils or moisturizers. Keep your skin well moisturized to support the healing process.
- Can start regular regimen a few days after treatment. Avoid treatments that may irritate the skin for 1-2 weeks after treatment.

Patients can expect to see a reduction in acne breakouts as well as an improvement in overall appearance of their skin. For best results, we recommend a series of 3 treatments spaced approximately one month apart as optimal results are usually seen after the completion of the full series.

Mild symptoms such as inflammation and redness may occur, but fade over just a few minutes. Your acne may flare for a few days after treatment. You may still continue to use any prescription acne medications simultaneously. Although results are not guaranteed, 90% of patients reported being happy with the results in the clinical studies.

AviClear is clinically proven to be the most effective acne treatment on the market. That means there is repetitive and objective data from scientific analysis proving how well AviClear works. It's not just another shot in the dark, it is very much the real deal. AviClear success rates even surpass popular prescription drugs used for acne, like accutane- minus all of the harsh and undesirable side effects! On top of that, zero downtime. Making these 3 monthly treatments fit seamlessly into your life. This ground breaking FDA approved technology fits perfectly at Honey as we specialize in changing skin and getting results.

When Will You See Results

In Cultera's clinical studies, most AviClear patients showed improvement 3 months after their 3rd AviClear treatment with some patients seeing results 6 months after the 3rd treatment. While the results can vary, improvement can continue through 6 months after their 3rd treatment, meaning there might be a delayed response in some patients. However like any other medical treatment, results cannot be guaranteed.

AviClear Consent Form

The nature of the AviClear procedure has been explained to me. I understand that just as there may be benefits from the procedure, all procedures involve risk to some degree. I understand that the following are among the expected side effects of the AviClear procedure:

AviClear Consent Form

Discomfort:

Most people will feel some heat-related discomfort (pain) associated with the treatment. This discomfort is usually temporary during the procedure and localized within the treatment area. Mild to moderate discomfort is typical during treatment.

Redness and swelling:

Laser treatment will cause varying degrees of redness and swelling in the treatment area. These common side effects (erythema) redness typically resolves within 20 minutes to several hours. Edema (swelling) typically resolves within a couple hours to a day; however, both can last for several days.

Blisters:

Mild to moderate blisters developing during or within several hours of the treatment are uncommon but have been reported. If blisterings do develop, care should be taken not to disturb or unroofed lasting more than a day should be evaluated by the treated provider.

Transient acne flare ups:

A mild flare up of inflammatory acne lesions are common after the treatment. Flare ups have been reported by up to 44% and 50% of subjects enrolled in clinical studies conducted with the AviClear Laser System with moderate to severe acne vulgaris prior to treatment, respectively. If acne flare ups occur, it is normally noticed 1-2 days after treatment and typically resolves within a few days to 2 weeks with application of topical moisturizers and anti-bacterial nourishing serums that we recommend; however it can persist up to 4 weeks. Speak with your provider for the correct home-care plan.

Temporary skin dryness:

Temporary mild skin dryness is common after the treatment and has been reported by up to 22% of female and 13% of male subjects enrolled in the clinical studies conducted with the AviClear Laser System. If skin dryness occurs, it is normally noticed 1-2 days after treatment and typically resolves within a few days. Make sure to hydrate and nourish properly.

Pigment changes:

During the healing phase, the treated area may appear to be darker. Brown darkening of the skin (hyperpigmentation) can occur either following blistering or crusting, or as a result of inflammation during the recovery period. PIH occurs as a part of the normal skin reaction to injury. The skin functions become hyperactive during the healing process, including cells that produce pigment. PIH occurs more frequently with darker colored skin, after sun exposure to the treatment area, or with patients who already have a tan. **To reduce the risk of PIH, the treated area must be protected from exposure to the sun** (sunscreen for 3 months after treatment); however, in some patients, increased skin coloring may occur even if the area has been protected from the sun. This pigmentation usually fades in 3 to 6 months. Hyperpigmentation is very rarely permanent. Your treating provider may recommend topical skin-lightening products to accelerate the return to normal pigmentation level.

Skin texture changes:

Transient texture changes are rare and usually resolve with time.

Infection:

If blisters or crusting are present, an infection of the wound is possible. Scarring and associated pigment changes may result from an infection. Despite good wound care, pain, swelling, oozing and fever can indicate the development of an infection. Topical and/or oral antibiotics may be necessary.

Scarring:

Scarring is a rare occurrence, but it is a possibility whenever the skin's surface is disrupted. To minimize the chances of scarring, it is important that patients follow all post-treatment instructions provided by their provider. Good post-treatment care will help reduce the possibility of scarring.

Hypopigmentation:

Lightening or loss of skin pigmentation is very rare. Transient hypopigmentation lasting several weeks has not been reported; however, it is a possible adverse event, especially in patients with a history of vitiligo or pigmentary disorders.

Altered hair growth:

The use of lasers that heat the pilosebaceous unit may affect both the sebaceous gland and structures of the hair follicle. Therefore it is possible that treated areas may exhibit altered hair growth in the future.

I acknowledge the following has been discussed with me:

- This treatment is not meant to prophylactically treat acne
- A flare up can occur in clear skin
- Potential benefits of the treatment of acne, including the possibility that the procedure may not work for me
- Alternative treatments, such as topicals or oral medications or even surgery
- Reasonably anticipated health consequences if the procedure is not performed
- Possible complications/ risks involved with the proposed procedure and subsequent healing period

For women of childbearing age:

By signing below I confirm that I am not pregnant and do not intend to become pregnant at any time during the course of the treatment. Furthermore, I agree to keep Honey Skincare Studio and my provider informed should I become pregnant during the course of the treatment.

WRITTEN CONSENT

Photographic documentation will be taken. I hereby do authorize the use of my photographs for teaching purposes.

BY MY SIGNATURE BELOW, I ACKNOWLEDGE THAT I HAVE READ AND FULLY UNDERSTAND THE CONTENTS OF THIS INFORMED CONSENT FORM FOR THE TREATMENT OF ACNE, AND THAT I HAVE HAD ALL MY QUESTIONS ANSWERED TO MY SATISFACTION BY HONEY SKINCARE HEALTHCARE TEAM.

I have read this form and understand it, and I request the performance of the procedure.

PRINTED NAME:

SIGNATURE:

DATE:
