

# AMINO BLEND INJECTION OR IV PUSH CONSENT FORM

#### General Information

Amino acids are the natural compounds that are used as building blocks by the body to create proteins. Amino acids, and the proteins that are made from them, are crucial to helping the body break down food, repair body tissue, grow, and perform many other bodily functions. They are found in foods such as meats, fish, and soybeans. Some people also use amino acid injections and supplements to boost athletic performance or improve their mood.

### How are Amino Acids useful in the Human Body?

Amino Acids help the liver cleanse the body of toxins and assist the body in metabolizing fat and cholesterol. They may also help reduce fatigue and the symptoms of allergies. Amino Blend is designed to help shorten recovery time after an injury and potentially improve athletic ability which helps promote improved performance and overall wellness. Benefits include decreasing recovery time, enhancing athletic performance, replenishing essential nutrients, and reducing inflammation.

#### Amino Blend Ingredients and Their Roles

**Glutamine:** Amino Acid Glutamine plays key roles in protein metabolism, cell volumizing, and anticatabolism. Glutamine also increases your ability to secrete Human Growth Hormone, which helps metabolize body fat and support new muscle growth. Glutamine's anti-catabolism ability prevents the breakdown of your muscles.

**Arginine + Ornithine:** Your body uses ornithine to synthesize arginine, then arginine is used to produce nitric oxide. Nitric oxide regulates smooth muscle contraction, which allows it to relax the muscles in blood vessels. Promotes vasodilation and blood flow. The amino acid ornithine is a perfectly-suited supplement to arginine. It is reduced to arginine in the body, but this occurs very slowly so that its effects last a long time. The combination of both amino acids improves the overall regeneration capability of the body and leads to a noticeable increase in vitality.

Additional Benefits: L-arginine improves blood flow. It does so by creating nitric oxide (NO), a gas that helps dilate blood vessels. L-arginine has been shown to help people with heart disease or clogged arteries because of its vessel-widening abilities. The same effect on blood vessels helps improve symptoms of erectile dysfunction (ED). The L'Citrulline to NO path increases blood flow to a man's genitals. In one study, this increase in blood flow appeared to decrease symptoms of mild ED and improve the ability to maintain an erection.

**Lysine:** Amino Acid Lysine is very important in the creation of carnitine, which converts fatty acids into energy and also lowers cholesterol levels. L-lysine also seems to play a role in absorbing calcium and helps the body form collagen, which aids in the growth and maintenance of bones and connective tissue.

**Citrulline:** Amino Acid Converted to Arginine in the kidneys. Longer lasting effect than just Arginine alone. Some research is looking at the benefits of helping with ED. Promotes vasodilation, blood flow, immune system.

**Carnitine:** Amino Acid Improves fat metabolism and energy, reduces recovery times, and promotes muscle-building potential.

#### Amino Blend Injection or IV Push Consent Form

Amino Acids Injection or IV Push Precautions and common side effects include but are not limited to:

- Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for you to take amino acid injections with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor:
  - Stop using Amino Blend and call your doctor right away if you experience any:
  - Signs of an allergic reaction: rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the face, lips, tongue, or throat.
  - Signs of fluid and electrolyte problems like mood changes, confusion, muscle pain or weakness, a heartbeat that does not feel normal, very bad dizziness or passing out, fast heartbeat, more thirst, seizures, feeling very tired or weak, not hungry, unable to pass urine or change in the amount of urine produced, dry mouth, dry eyes, or very bad upset stomach or throwing up.
  - Signs of high ammonia levels like a heartbeat that does not feel normal, breathing that is not normal, feeling confused, pale skin, slow heartbeat, seizures, sweating, throwing up, or twitching.
  - Signs of liver problems like dark urine, feeling tired, not hungry, upset stomach or stomach pain, light-colored stools, throwing up, or yellow skin or eyes.
  - Signs of high or low blood pressure like very bad headache or dizziness, passing out, or change in eyesight.
  - Change in color of skin to a bluish color like on the lips, nail beds, fingers, or toes.
  - Sweating a lot.
  - Shortness of breath, a big weight gain, or swelling in the arms or legs.
  - Chest pain.
  - Fever or chills.
- I understand that certain herbal products, vitamins, minerals, nutritional supplements, and prescription/non-prescription medications may result in side effects when they interact with the Amino Acids Injection or IV Push.
- Treatments: can be once a month, once a week, or twice a week and will be determined by the provider.
- I understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I further agree in the event of nonpayment, to bear the cost of collection, and/or Court costs, and reasonable legal fees, should this be required.
- By signing below, I acknowledge that I have read the foregoing informed consent and agree to the treatment with its associated risks. I hereby give consent to perform this and all subsequent Amino Acids Injections or IV Push with the above understood. I hereby release the provider, the person injecting Amino Acids, and the facility from liability associated with this procedure.
- By signing below I certify that I have read and agree to the above informed consent and require no further time to review.

## WRITTEN CONSENT

BY MY SIGNATURE BELOW, I ACKNOWLEDGE THAT I HAVE READ AND FULLY UNDERSTAND THE CONTENTS OF THIS INFORMED CONSENT FORM. I HAVE BEEN GIVEN THE OPPORTUNITY TO HAVE ALL MY QUESTIONS ANSWERED TO MY SATISFACTION BY HONEY SKINCARE HEALTHCARE TEAM.

I have read this form and understand it, and I request the performance of the procedure.

#### PRINTED NAME:

SIGNATURE:

DATE: